

## 2. Seattle Special Olympics

### WORKSHEET 1

#### COMPREHENSION

**Read the following story and answer the questions that follow.**

Janet is an athlete, and she wakes up at 4:30 a.m. every weekday morning. She spends the first 30 minutes reading and then 15 minutes meditating. At 5:15 a.m., Janet checks her e-mail for only 30 minutes and then goes for her first run of the day. She runs for an hour and a half along the lake near her house. After running, Janet has a shower and then prepares breakfast, which is usually cereal and fruit. However, she occasionally has a less healthy breakfast.

She usually finishes breakfast at around 8 a.m. If it is a weekday, she always leaves the house at 8:20 a.m. and goes to training. Her training starts at 9 a.m., and she needs 30 minutes to drive to the gym. She trains for three hours with her team and then goes home for lunch. She always eats a very big and healthy lunch. As soon as she finishes lunch, she has a nap for one hour.

After her nap, she likes to go for a walk around the lake and look at nature. She sometimes reads or meditates at the lake in the afternoon. In the evening, during the week, she meets up with friends. Most of her friends are athletes too, so they have a lot to talk about.

She typically goes to bed at 9 p.m. because she prefers to be awake in the morning than at night. She sometimes falls asleep listening to music, but she never watches the television or reads anything on her tablet. She always makes sure her alarm is set and is almost always asleep by 9:45 p.m.

**A. Tick (✓) the correct answers.**

1. What time does Janet finish checking her e-mails?

- |               |                          |               |                          |
|---------------|--------------------------|---------------|--------------------------|
| (a) 5:05 a.m. | <input type="checkbox"/> | (b) 5:15 a.m. | <input type="checkbox"/> |
| (c) 5:40 a.m. | <input type="checkbox"/> | (d) 6:00 a.m. | <input type="checkbox"/> |

2. How long does Janet run for in the morning?

- |                |                          |                |                          |
|----------------|--------------------------|----------------|--------------------------|
| (a) 30 minutes | <input type="checkbox"/> | (b) 43 minutes | <input type="checkbox"/> |
| (c) 60 minutes | <input type="checkbox"/> | (d) 90 minutes | <input type="checkbox"/> |

3. How often does Janet meditate?

- |                |                          |                         |                          |
|----------------|--------------------------|-------------------------|--------------------------|
| (a) Once a day | <input type="checkbox"/> | (b) Twice a day         | <input type="checkbox"/> |
| (c) Rarely     | <input type="checkbox"/> | (d) Once every two days | <input type="checkbox"/> |

4. What does Janet do to help her get to sleep?

(a) Listen to music

☐

(b) Read on her tablet

☐

(c) Watch TV

☐

(d) Drink a cup of hot milk

☐

5. What is the last thing she does before going to sleep?

(a) She reads.

☐

(b) She sets her alarm.

☐

(c) She checks the time.

☐

(d) She talk to her parents on the phone.

☐

**B. Answer the following questions.**

1. What time does Janet wake up every morning?

\_\_\_\_\_

2. What does Janet do after waking up and before checking her e-mail?

\_\_\_\_\_

3. What time does Janet leave the house on a weekday for her training?

\_\_\_\_\_

4. What does Janet do after her nap in the afternoon?

\_\_\_\_\_

**C. Find the synonyms of the words given below from the passage.**

1. bath

\_\_\_\_\_

2. makes

\_\_\_\_\_

3. nutritious

\_\_\_\_\_

4. certain

\_\_\_\_\_

# WORKSHEET 2

## GRAMMAR

### A. Fill in the blanks with the correct collective nouns from the box.

1. A \_\_\_\_\_ of bees.
2. A \_\_\_\_\_ of wolves.
3. A \_\_\_\_\_ musicians.
4. A \_\_\_\_\_ of elephants.
5. An \_\_\_\_\_ of soldiers.
6. A \_\_\_\_\_ of books.
7. A \_\_\_\_\_ of keys.
8. A \_\_\_\_\_ of sticks.

#### Help Box

herd  
swarm  
library  
bunch  
pack  
bundle  
army  
band

### B. Circle the abstract noun in each sentence below.

1. I respect the honesty shown by the helper working in the house.
2. To my surprise, my father arrived on time.
3. She was in great despair when she lost her phone.
4. Can you believe that man's brilliance?
5. They showed extreme joy when they helped the poor in the locality.

### C. Abstract nouns and material nouns are jumbled up in the given box. Write them in the correct columns.

Cotton Bravery Happiness Water Wood Love Gold Honesty

#### Abstract Noun

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

#### Material Nouns

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

# WORKSHEET 3

## VOCABULARY & WRITING

A. Write **F** for feminine, **M** for masculine, **N** for neuter or **C** for common gender.

- |              |                          |            |                          |
|--------------|--------------------------|------------|--------------------------|
| 1. bull      | <input type="checkbox"/> | 2. eraser  | <input type="checkbox"/> |
| 3. pupil     | <input type="checkbox"/> | 4. wife    | <input type="checkbox"/> |
| 5. lord      | <input type="checkbox"/> | 6. cousin  | <input type="checkbox"/> |
| 7. gentleman | <input type="checkbox"/> | 8. lioness | <input type="checkbox"/> |

B. Circle the nouns in the common gender and underline the nouns in the neuter gender.

|        |       |       |         |         |
|--------|-------|-------|---------|---------|
| cousin | pan   | rod   | teacher | map     |
| friend | child | dress | table   | student |

C. Write the plural forms of the following nouns.

- |          |       |          |       |
|----------|-------|----------|-------|
| 1. Bus   | _____ | 2. Fox   | _____ |
| 3. Mango | _____ | 4. Baby  | _____ |
| 5. Bunch | _____ | 6. Story | _____ |
| 7. Life  | _____ | 8. Ray   | _____ |
| 9. Shelf | _____ | 10. Pony | _____ |