

7

Staying Safe

LESSON PLAN

SPECIFIC OBJECTIVES

The students learn about

- ✧ safety and safety rules
- ✧ safety rules at home, school, playground and road
- ✧ first aid

TEACHING AIDS

Pictures/charts/animation on safety rules to be followed at home, school, playground and on road (as described in the chapter); Sample of first-aid box containing all the objects as mentioned in the chapter; Pictures/models of traffic lights, zebra crossing

LESSON PLAN

- ✧ Teacher will start the chapter with the 'Warm Up' section by asking some simple questions on safety rules based on their previous knowledge and ask some questions based on the pictures shown.
- ✧ Now, teacher will explain the terms 'safety' and 'accident'. The teacher will emphasise on why accidents occur, what their results are and how one can avoid them.
- ✧ With the help of different teaching aids, teacher will explain the supposed dangers at home, school, playground and on road and the safety rules to be followed there (as given in chapter).

Safety Rules at Home

- ▶ Teacher will explain that to prevent electric shocks, we should not touch electric wires, gadgets and switches with wet hands or with knife or needle.
- ▶ Teacher will explain that playing with sharp objects is dangerous as it can cause cuts on our body.
- ▶ Teacher will explain that playing with matchsticks, burning candle or any inflammable object or wearing synthetic clothes while working in the kitchen or burning crackers can cause severe burns.
- ▶ Teacher will explain that covering face with plastic bag, bedsheet or pillow in fun or while sleeping can cause suffocation.
- ▶ Teacher will explain that objects lying on floor and also running for flying kites on roof, road or terrace can make us fall.

Safety Rules at School

- ▶ Teacher will explain all the safety rules to be followed in the school (given in the chapter) and the harms that may result if these rules are not followed.
- ✧ To check the learning of students, teacher will ask to solve 'Checkpoint 1'.

Safety Rules in Playground

- ▶ Teacher will explain the harms if safety rules are not followed in playground (as given in chapters).

Safety Rules on the Road

- ▶ Firstly, teacher will ask some general questions on road and traffic based on previous knowledge of students such as footpath, zebra crossing, traffic lights, etc.
- ▶ Now, teacher will explain the safety rules to be followed on the road (as given in chapter).
- ▶ Teacher will also explain the harms if we do not follow traffic rules.
- ✧ Now, teacher will explain the meaning of first aid and its need.
- ✧ Teacher will explain about first-aid box and show its sample to the students.
- ✧ Teacher will explain the precautions to be taken while giving some one first aid.
- ✧ Now, for evaluating the learning and understanding of students, teacher will ask them to solve 'Checkpoint 2'.
- ✧ The teacher will sum up the chapter by going through the points given under the head 'At One Go'.
- ✧ Finally, the teacher will help students to solve all the exercises given under the head 'Check Your Study'.

BOOST UP

- ✧ Teacher should also discuss safety rules at malls, trains, buses, social gatherings, etc.
- ✧ Teacher should discuss about need of road safety and traffic rules; encourage and help the students to add some more points on road safety.
- ✧ Students should be encouraged to make charts on different safety rules, road signs, etc.

EXPECTED LEARNING OUTCOMES

The students understand and know

- ✧ safety and its need.
- ✧ different safety rules to be followed at home, school, playground and on road.
- ✧ first aid and its need.
- ✧ first-aid box and its importance.

EVALUATIVE QUESTIONS

The teacher may ask the following questions for evaluating learning and understanding of students:

1. What is safety?
2. Why does an accident occur?
3. How can we prevent accidents?
4. Where should we cross the road?
5. What is first aid?
6. Which objects are kept in first-aid box?

