



# 2

## Clothes for Us

### LESSON PLAN

#### SPECIFIC OBJECTIVES

The students learn about

- ✧ clothes and their need
- ✧ materials used for making clothes
- ✧ fibre and its types
- ✧ clothes of different types, seasons, occasions and professions
- ✧ footwears and their need
- ✧ storing and taking care of clothes

#### TEACHING AIDS

Pictures/animation on early man living in caves, covering his body with leaves, bark, etc.; Pictures/animation on children in dusty background, in sunshine, in winter scene, in rainy season; Cotton, jute, flax plants; Silkworm, some wool-yielding animals; Clothes made from synthetic fibres; Different types of clothes worn by people; Children in school uniform, sportswear, party-wear; A doctor, a soldier, a lawyer; Different types of footwear; Dry-cleaned clothes.

#### LESSON PLAN

- ✧ The teacher will start the chapter with 'Warm Up' section and give a brief idea on wearing different types of clothes on different occasions.
- ✧ Now, with the help of teaching aids, teacher will explain that before the invention of clothes, Early man used to cover his body with animal skin, leaves and bark of trees.
- ✧ With the help of teaching aids, teacher will explain how cloths were made and stitched by hand in olden times.
- ✧ With the help of different teaching aids, teacher will explain the need of clothes, how clothes keep us safe in different seasons and also from dust, sun, cold, rain and insect bite.
- ✧ Now, teacher will show the pictures of fibre-yielding plants and wool-yielding animals and explain that some plants and animals give us material for making cloth.
- ✧ Teacher will explain that cloth is also made from different chemicals.
- ✧ With the help of teaching aids, teacher will explain that people living in different places wear different types of clothes.
- ✧ Teacher will also explain that we wear clothes according to season and occasion.
- ✧ To check the learning of students about the chapter, teacher will ask them to solve 'Checkpoint 1'.
- ✧ By showing the pictures/animation on people dressed according to their professions, teacher will explain that some professions have special uniforms.
- ✧ Now, teacher will explain the need and benefits of wearing footwears.

- ✧ Teacher will explain the need and methods of taking care of clothes and emphasise on how to store clothes when not in use.
- ✧ Now, teacher will ask students to solve to 'Checkpoint 2'.
- ✧ The teacher will sum up the chapter by going through the points given under the head 'At One Go'.
- ✧ Finally, the teacher will help students to solve all the exercises given under the head 'Check Your Study'.

### **BOOST UP**

- ✧ Teacher should show samples of some clothing materials and clothes made from them such as cotton, jute, silk, wool and synthetic fibres such as rayon, nylon, polyester, etc.
- ✧ Students should be encouraged to collect the pictures of dresses of different states.
- ✧ Students should be encouraged to gather information on the dresses worn in other countries.
- ✧ Teacher should arrange a tour for students to visit a cloth mill.

### **EXPECTED LEARNING OUTCOMES**

The students

- ✧ understand about clothes and their need.
- ✧ know about fibres and their types.
- ✧ can differentiate between clothes made of different natural fibres.
- ✧ can differentiate between clothes made of natural and synthetic fibres.
- ✧ know about clothes worn in different states.
- ✧ understand that clothes are worn according to season and occasions.
- ✧ understand that some professions have special uniforms.
- ✧ understand the need of footwear.
- ✧ know the methods of taking care and storing clothes.

### **EVALUATIVE QUESTIONS**

The teacher may ask the following questions for evaluating learning and understanding of students:

1. How did early man cover his body?
2. Where do we get natural fibres from?
3. How are synthetic fibres made?
4. Which type of clothes do we wear during winters?
5. What do we wear while going outside in the rain?
6. Name some footwears.
7. What is dry-cleaning of clothes?
8. Which things are used to keep insects away while storing clothes?