

# A Clean Me

## Poem

<b>Read and Enjoy</b>	<ul style="list-style-type: none"> <li>✧ Cleanliness is extremely important for all of us. And we have to begin it by keeping ourselves clean. This is what the poet is telling us.</li> <li>✧ We have to begin each morning by cleaning ourselves first after we wake up. And the poet tells us what all we need to do then. We have to brush our teeth first, and comb our hair. Then we have to wash our hands thoroughly well. This is important because we will be touching many things, including our food, during the day. Then we have to wash our faces so that we become fresh after sleeping at night.</li> <li>✧ Now we are ready to do all the other activities of the day because we are neat and clean. We can dress up to go to school. And then the naughty little boy says that he is not looking a mess. He will stay clean till recess! During recess all students run out to play in the playground with their friends. That makes them quite messy. It is usual to come home and have a bath.</li> <li>✧ This poem tells us the great importance of cleaning ourselves properly. And it also tells us subtly that we can have fun and become messy, so long as we clean ourselves afterwards.</li> <li>✧ It has eight lines broadly arranged in two stanzas. The first one tells us how to clean ourselves up and the second tells us what we are going to do now. The second and fourth lines are rhymed in each stanza: hair – care; mess – recess.</li> </ul>
<b>Read and Understand</b>	<ul style="list-style-type: none"> <li>✧ Read aloud the instructions for each exercise one at a time and explain.</li> <li>✧ Do the exercises orally and discuss the purpose of each activity.</li> <li>✧ Read aloud each exercise and ask the students to answer orally first. Then they can write it down in their notebooks.</li> <li>✧ Announce the answers aloud and let the students check them, either in pairs or themselves.</li> </ul>
<b>Appreciating the Poem</b>	<ul style="list-style-type: none"> <li>✧ Explain the exercise and do it orally first. Then ask the students to join the rhyming words, using pencils and rulers.</li> <li>✧ Announce the answers aloud and tell the students to check their work themselves or in pairs.</li> </ul>
<b>Word Wise</b>	<ul style="list-style-type: none"> <li>✧ Explain the exercise and do it orally first, using the blackboard.</li> <li>✧ Then ask the students to complete the words.</li> <li>✧ Announce the spellings of each word and let the students check their work. Ask them to remember spellings as they keep learning new words.</li> </ul>
<b>Write Well</b>	<ul style="list-style-type: none"> <li>✧ Explain to the students the concept of writing a paragraph – a set of sentences that focus on one central idea.</li> <li>✧ Take random subjects familiar to them from earlier lessons: family, friendship, animals etc. Then ask them to suggest four sentences on each. Write them on the blackboard. For example: Family – members, what they do at home, what they do when they go out, helping each other, etc. Lion – its appearance, where it lives, what it eats, etc.</li> </ul>

	<ul style="list-style-type: none"> <li>✧ Then read the exercise and explain what they are required to do. Ask for suggestions regarding Cleanliness and write the appropriate ones on the blackboard.</li> <li>✧ Ask students to write three sentences about cleanliness in their notebooks. Teacher should check this individually. It encourages the student and also helps to improve the neatness and skill of writing.</li> </ul>
<b>AIL Activity</b>	<ul style="list-style-type: none"> <li>✧ Explain the activity and its importance, particularly in the context of the recent and current pandemic and possibility of risk.</li> <li>✧ Have a live session miming hand washing, without the water and soap.</li> <li>✧ Then ask the students to draw soap and liquid soap in the boxes.</li> </ul>