

### 3. Yummy Food

## 1 Worksheet

#### COMPREHENSION

My mother is a very good cook. She makes tasty food. Every day she gives us something healthy to eat. We eat vegetables and fruits. She gives me salad, paranthas, sandwiches and sometimes poha and idlis also. Sometimes she allows us to eat ice cream on a holiday. She says good food will make us healthy and strong.

Read and answer questions below.

Give one-word answers to fill in blanks.

strong tasty cook holiday healthy

1. My mother is a good \_\_\_\_\_.
2. She makes \_\_\_\_\_ food.
3. We eat ice cream on a \_\_\_\_\_.
4. Good food makes us \_\_\_\_\_ and \_\_\_\_\_.

## GRAMMAR

A. Use describing words given in the Help Box to fill in the blanks.

old red big tasty long

1. Mother makes \_\_\_\_\_ food.
2. She is wearing a \_\_\_\_\_ hat.
3. I have a \_\_\_\_\_ dress.
4. My sister has \_\_\_\_\_ hair.
5. My \_\_\_\_\_ grandmother is very kind.

B. Underline the describing words below.

1. The teacher has a soft voice.
2. It was a sunny day.
3. We are going to a new house.
4. Please give me some cold water.
5. He made a beautiful picture.

# 3

# Worksheet

## VOCABULARY AND WRITING

**A. Write the following sentences neatly.**

I went to a garden. It has pretty flowers and green grass. There are many big trees. My friend and I played there.

**B. Say the following words aloud.**

eat — it   heat — hit   beat — bit   foot — food   took — tooth   should — shoot

**C. Answer the following questions.**

1. Name two things you eat every day. Write them.

---

2. What fruit do you like the best? Write its name.

---