

11. 2018 Commonwealth Games

WORKSHEET

1

COMPREHENSION

Read the following passage and answer the questions that follow.

PT Usha was born on 27 June 1964. She has been associated with Indian athletics since 1979. She was born in a village called Meladi-Payyoli near Kozhikode in Kerala and was afflicted by ill-health and poverty. In 1976, the Kerala State Government started a sports school for women, and PT Usha was chosen to represent her district, at a cost of ₹ 250 per month paid by the State. In 1979 she participated in the National School Games, where she was noticed by O.M.Nambiar, who coached her through most of the rest of her career.

'India Today' describes the athletic situation in 1979 as a time when 'athletics was very much a male sport and track-suited women a rarity'. Her debut in the 1980 Olympics at Moscow was lacklustre. In the Asiad held in 1982 at New Delhi, she managed only silver medals in the 100 m and 200 m, but at the Asian Track and Field Championship in Kuwait a year later, PT Usha took gold in the 400m with a new Asian record. Between 1983 and 1989, Usha garnered 13 golds at ATF meets. She finished first in the semi-finals in the Los Angeles Olympics in 1984, but faltered in the finals. She was, however, the first Indian woman to reach the final of an Olympic event by winning her 400m hurdles semi-final.

In the 10th Asian Games at Seoul, in 1986, Usha won four golds and 1 silver in the track and field events, creating new Asian Games records in all the events in which she participated. In 1985 at Jakarta, she had won the most medals (6) at a single Championship. Her five golds at the 6th ATF Championship is also a record for the most number of gold medals by a single athlete in a single International meet. PT Usha has won 101 International medals so far. She is employed as an officer in the Southern Railways.

A Answer the following questions.

1. Where was P T Usha born?

2. Who was her coach?

3. How was the athletic situation in 1979 described by 'India Today'?

4. When did Usha win her first gold medal and for what event?

5. What was significant about her performance at the 6th ATF Championship?

B Use a dictionary and write the meanings of the following words.

1. represent : _____
2. debut : _____
3. lacklustre : _____
4. faltered : _____
5. garnered : _____
6. afflicted : _____

C Fill in the blanks with suitable words from the passage.

1. PT Usha's childhood was afflicted by _____ and _____.
2. Athletics was very much a _____ and _____ women were a _____.
3. Between 1983 and 1989, she _____ 13 gold medals at ATF meets.
4. In 1986 at Seoul, she won 4 golds and 1 silver setting new Asian _____ in all the _____ in which she _____.
5. She is an _____ in the _____.

GRAMMAR

A Underline the adverbs in the following sentences and write their kinds.

1. He came at my home recently.
2. Ram throws a stone upwards from the earth.
3. Sometimes Shyam goes with friends to play football.
4. Arvind is quite honest.
5. Rohit behaves with me politely.

B Fill in the blanks with appropriate verbs in the given sentences taking from the box.

efficiently occasionally now carefully always

1. Pankaj is busy in work right _____.
2. Sunil did his work _____.
3. _____ he plays cricket.
4. We should _____ respect our seniors.
5. He always drives his car _____.

C Add the capital letters and appropriate punctuation marks to the following sentences.

1. what a beautiful scene it is
2. he said the sun rises in the east
3. hockey is our national game
4. where are you going
5. delhi is the capital of India

VOCABULARY AND WRITING

A The following are homonyms (one word with more than one meaning). Make two sentences with each to show the difference in meaning.

1. wave _____

2. land _____

3. beat _____

4. patient _____

5. mind _____

B The following are homophones (two words that sound alike or similar). Make sentences with each word to show the difference in meaning.

1. mail _____
male _____
2. way _____
weigh _____
3. piece _____
peace _____
4. some _____
sum _____
5. lesson _____
lessen _____

C There are some random letters in the following balloon. Make as many three-four letter words as you can from them, using a letter only once in each word. (Clue: more than 40 words can be made) Make at least 10 words.

- | | |
|----------|-----------|
| 1. _____ | 2. _____ |
| 3. _____ | 4. _____ |
| 5. _____ | 6. _____ |
| 7. _____ | 8. _____ |
| 9. _____ | 10. _____ |

