7. The Magic Thread

Worksheet 1

COMPREHENSION

Read the passage and answer the questions that follow.

As we age, our bodies change, and it can be difficult to accept these changes gracefully. However, accepting ageing is an important part of living a happy and fulfilling life. Here are some tips for accepting ageing gracefully:

- Practice gratitude: Instead of focusing on the things you can no longer do, focus on the things you can still do. Be grateful for your health, your friends and family, and the experiences you've had throughout your life.
- Take care of your body: Even as you age, it's important to continue taking care of your body. Exercise regularly, eat a healthy diet, and get enough sleep. Taking care of your body can help you feel better and have more energy.
- Stay social: Staying connected with friends and family can help you feel happier and more fulfilled. Make an effort to stay in touch with loved ones and participate in social activities.
- Embrace new experiences: Trying new things can help you stay engaged and interested in life. Travel to new places, take up a new hobby, or try a new type of food.
- Cultivate a positive attitude: A positive attitude can make all the difference when it comes to accepting ageing. Focus on the good things in your life, and try to find joy in each day.

By following these tips, you can learn to accept ageing gracefully and live a happy and fulfilling life.

A. Answer the following questions.

- 1. Why is it important to accept ageing gracefully?
- 2. What is the first tip for accepting ageing gracefully?

3. How can taking care of your body help you feel better as you age?

- 4. Why is it important to stay social as you age?
- 5. How can trying new things help you accept ageing gracefully?
- 6. What is the role of a positive attitude in accepting ageing?

Worksheet 2

GRAMMAR

A. Fill in the appropriate prepositions to complete the following sentences.

- 1. The truck fell ______ the ditch.
- 2. Kolkata is situated ______ the River Hugli.
- 3. The troops marched quietly ______ the forest.
- 4. The painter climbed ______ the ladder.
- 5. My sister was standing _____ me.
- 6. The book lay ______ the cushion.
- 7. The little boy sat _____ his parents.
- 8. The car went ______ the bridge ______ the river and ______ the city.

B. Underline the prepositions and circle the adverbs.

- 1. Aunty has gone out to the market.
- 2. Millie sat down on the rickety chair.
- 3. Give the colour pencils to Soma later.

C. Complete the sentences with the right conjunctions from the brackets.

- 1. Beethoven could not hear, _____ [and/yet] he composed music.
- 2. _____ [Although/Because] Sagar's parents were poor, they gave him a good education.
- 3. You can have _____ [either/both] coffee _____ [and/ or] a cold drink.

D. Make sentences with the following prepositional phrases.

- 1. through the gate: _____
- 2. into the basket: _____
- 3. across the field:

Worksheet 3

VOCABULARY AND WRITING SKILLS

A. Each set of words below is from a profession. Write the profession to which they belong.

Profession	(a)	(b)	(c)
1	court	client	case
2	railway	drive	engine
3	report	column	investigate
4	hospital	stethoscope	prescribe
5	water	tap	repair

B. Make sentences using the following pairs of words bringing out the differences in meaning.



C. Edit the following passage correcting the capital letters, punctuation marks, spelling and grammatical errors.

why dont i like the telephone because i think it is a pest and a time waster it may create unecesary suspence and anxiety as when you weit for expected call that doesnt come have you never rushed dripping from the bath or chewing from the tabel only to be old that you have the wrong number