

Freedom

Poem

 	Exercises A and B: While A is to be discussed with partners and B in class, both can also with the class. Share the enjoyment	Get Going!
	of travelling, which gives us a wider horizon and knowledge,	
	and can also be good for our health.	
\$	This delightful little poem is written by Olive Runner. In it,	Read and Enjoy
	she expresses her joy and delight at being free, even in the	
	most difficult situation like winter.	
\$	In the first stanza, she describes the stark winter landscape	
	and finds it so energising. It is not the beautiful and rich	
	landscape that one sees in spring, summer or autumn. She is	
	standing at the beginning of a long straight road on a winter	
	morning. It is bitterly cold, 'a clear, cold day, with a nipping	
	air'. The trees are bare and tall and there is no greenery	
	around her. She says the trees 'run on beside me'; but it is	
	she who is running, not the trees. They appear to move with	
	her as she runs. But despite the cold and the stark landscape,	
	she says her heart feels light because she has no worries. She is 'free from care'.	
~	She begins the second stanza by asking to be allowed to go. She is being held back by someone, and she begs them to let	
	her go. She does not care where her journey will take her.	
	She is happy to go wherever her feelings ask her to go. 'My	
	spirit shall be free', she says. She compares that freedom to	
	the freedom of a brook, a small stream which flows towards	
	a river, and the river that flows into the sea. They follow	
	their own course, finding a way over sand, pebbles, rocks and	
	through forests and plains to reach their goal. She longs for	
	that kind of freedom. She is looking forward to the adventure	
	of going wherever her 'feet may lead'.	
\$	The two stanzas are written in rhymed verse. Alternate lines	
	of each stanza are rhymed. Me - me; air - care; whither - river;	
	be - sea: these are the rhymed words.	
\$	Ask the students to learn the poem and recite it.	
\$	Exercises A, B and C: Explain the exercises and do them orally	Read and
	first, citing words, phrases and lines from the poem to elaborate.	Understand
	Then ask the students to write the answers in their notebooks.	
\$	It is advisable to check and assess their work individually.	

Appreciating the Poem	Explain what a simile is – a form of speech in which one thing is compared to something else, using the words 'like' or 'as'. Add your own examples using the blackboard. For example: as busy as a bee, as hard as a rock, as white as snow, etc. Sometimes we can make our own comparisons. For example: Karen is looking happy like sunshine. Or Karen is looking as	
	happy as sunshine. Jimmy is looking so sad, like a hen out in the rain.	
	♦ Exercises A, B and C: Do the exercises orally. Let the students write down the answers. Then announce them aloud and ask them to check their own work.	
Write Well	♦ Depending upon where each student wishes to travel to, ask them to write a paragraph on it. Explain the essentials about a paragraph. It consists of 5 to 10 sentences on one theme. The first line is indented about one inch from the rest of the paragraph.	
	♦ Exercise A: It is better for each student to do this individually, either as classwork or homework, and then for the teacher to check, assess and correct the work.	
AIL Activity	♦ Exercise A: Students can do this on their own.	
	♦ Exercise B: Ask them to discuss with their partners.	