

Myself

## **ANSWERS**

## **WARM UP**

Are you a boy or a girl? Colour the picture.





Ans. Do it yourself.

## **TEST YOURSELF**

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1. My name is	
2. I am	
3. The name of my school is	
4. I am in Class	,
5	is my best friend.
6. My birthday is on	·
7. My favourite game is	
8. My favourite food is	<del></del>

Ans. Do it yourself.

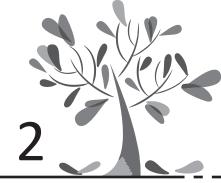
B. Draw as many candles on the cake as your age.

**Ans.** Do it yourself.



Make your identity card (I-card).





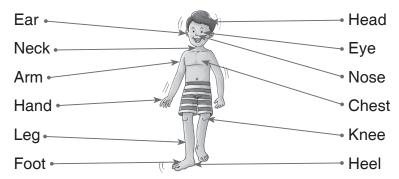
#### WARM UP

Draw eyes, ears, nose and mouth on the face.

Ans. Do it yourself.

## **TEST YOURSELF**

A. Join the body part to its name.



- B. How many of each do you have?
  - 1. Ears
- 2
- 2. Toes
- 10
- 3. Fingers
- 10

- 4. Legs
- 2
- 5. Neck
- 1
- 6. Nose
- 1

- C. Write the missing letters of the given body parts.
  - 1. H <u>A</u> <u>N</u> D

2. K <u>N</u> <u>E</u> E

3. C <u>H</u> <u>E</u> S <u>T</u>

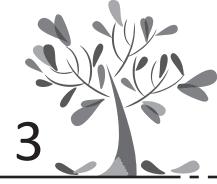
- 4. C <u>H</u> E <u>E</u> K
- 5. SH<u>O</u>UL<u>D</u> <u>E</u> R
- D. Fill in the blanks. Choose the right word from the box.
  - **1.** Rashmi is watching television with her <u>eyes</u>.
  - **2.** Rahul is walking with his <u>legs</u>.
  - 3. Rohan is lifting a bucket with his <u>hands</u>.
  - 4. Ragini is carrying the bag on her <u>shoulders</u>.

## **ACTIVITY**

Learn the poem.

# LIFE SKILLS

Learn the poem.



#### WARM UP

Piya wants to talk over the phone with her friend, Raman. Tick ( $\checkmark$ ) the sense organ they will use to listen to each other.











## **TEST YOURSELF**

- A. Tick (/) the correct answer.
  - 1. I taste with my

a. eyes

$\Box$		$\neg$	
ı		- 1	
1		- 1	
1		- 1	
_			

b. tongue



2. I hear with my

a. nose



b. ears



3. I can feel the softness of a thing with my

a. skin



b. nose



4. I can watch TV with my

a. ears



b. eyes



B. Draw the missing sense organs.

1.



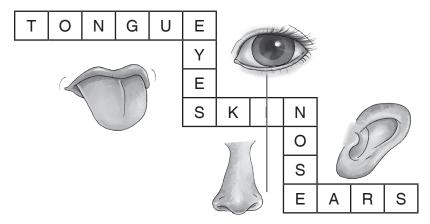
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3.



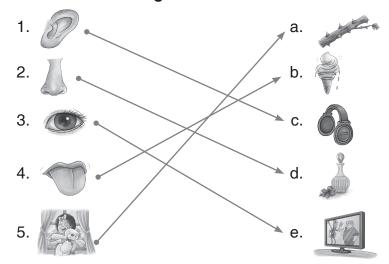
C. Complete the word ladder with the help of the pictures.



D. Put a box around the five sense organs given in the word grid. One has been done for you.

М	R	В	L	R	Т	В	D	Т	В
Е	0	М	0	N	М	D	F	F	М
Υ	В	Χ	Т	0	N	G	U	Е	Χ
Е	K	Z	W	S	Q	F	Q	Α	С
S	Н	D	В	Е	U	0	Р	R	Z
Х	Q	F	Н	S	F	Н	Н	S	W
Z	W	0	С	В	Н	М	J	В	V
S	K	Т	N	Z	J	R	Q	D	Р
K	Α	Z	V	F	S	В	Α	F	R
Т	F	В	Q	Р	Α	С	М	Α	N

E. Match the following.



## **ACTIVITY**

#### Collect these things.

Ans. Do it yourself.

## **LIFE SKILLS**

#### Tick (✓) the correct action.

1.



2.



3.



## WORKSHEET 1 (BASED ON UNIT 1)

### **Sense Organs**

Each part of our body helps us to do something. Circle the body part used to do the following.

1. Smell



2. This ice cream is so tasty!

3. What a lovely bird!

4. Catch it!



(nose) legs tongue 5. I like to jump

tongue eyes legs 6. My cat is so soft!

hands stomach eyes 7. Wow, lovely music!

neck tongue hands

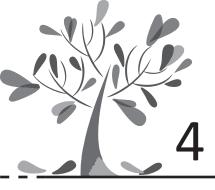
nose (legs) tongue



eyes (skin) legs



eyes (ears) hands



# WARM UP

Tick ( $\checkmark$ ) the food items you should eat/drink and cross ( $x$ ) the food items you should avoid eating/drinking.						
air						
X	✓	$\checkmark$	X			
TEST YOURSELF						
A. Tick (✓) the corre	ect answer.					
1. We need	to live and	grow.				
a. food	<b>√</b>	b. toys				
2. Food gives us		_				
a. weakness		b. energy	✓			
<ol><li>Fruits and gree</li></ol>	en leafy vegetables pro	tect us from				
a. enemies		b. diseases	✓			
B. Fill in the blanks						
	er at <u>night</u> .					
	rfast in the <u>morning</u>	-				
	in the <u>afternoon</u>					
	ati give us <u>energy</u>					
5. Milk and eggs	help us to <u>grow</u>	·				
C. Name the following	ng.					
<ol> <li>The fruit you lil</li> </ol>	ke the most		Do it yourself.			
2. The vegetable	you like the most		Do it yourself.			
D. Write any two fo	od items which					
<ol> <li>help us to grow</li> </ol>	V					
milk	egg	gs				
<ol><li>help us to work</li></ol>						
rice	<u>cha</u> r	<u>oati</u>				

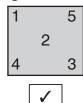
	3. help us to keep healthy			
	fruits	green leafy ve	<u>egetables</u>	
E.	Write the things you had for	r breakfast, lund	ch and dinner yesterda	ıy.
	Breakfast	Lunch	Dinner	
Ans.	Do it yourself.			
	Write any four good food ha	abits.		
	We should avoid eating junk			
	We should drink a glass of n			
	We should eat fruits and gre	en vegetables.		
	We must not eat too many to	offees and choco	lates.	
ACTI	VITY			
A.	Tick (✓) the good food habi	t. Cross (X) the	bad food habit.	
	X	X	✓	X
В.	Collect pictures of pizza, but and put a cross (X) over the	_	-	n your scrapbook
		OR EAT LESS ON		
Ans.	Do it yourself.			
LIFE	<u>SKILLS</u>			
A.	Tick (✓) the right choice.  1. <i>Dosa</i> is made of			
	<ul><li>a. rice</li><li>2. <i>Idli</i> is made of</li></ul>	$\checkmark$	b. wheat	
	<ul><li>a. rice</li><li>3. <i>Poorie</i> is made of</li></ul>	1	b. wheat	
	a. rice		b. wheat	<b>✓</b>

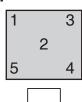
4. <i>Pulao</i> is made of			
a. rice	<b>/</b>	b. wheat	
5. <i>Biryani</i> is made of			
a. rice and mutton	<b>✓</b>	b. wheat and mutton	

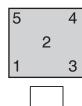


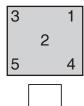
#### WARM UP

The tailor is confused about how to stitch your dress to give it a complete shape. Help him by arranging the numbers in a way so that they appear as a complete dress. Tick ( ) the right combination.









#### **TEST YOURSELF**

- A. Fill in the blanks with the correct words.
  - 1. Cotton clothes keep us <u>cool</u>. (cool/warm)
  - 2. A raincoat keeps us \_\_\_\_\_ on a rainy day. (dry/wet)
  - 3. We wear <u>woollen</u> clothes in winter. (cotton/woollen)
  - 4. We wear cotton clothes in <u>summer</u>. (summer/winter)
  - 5. We get wool from <u>sheep</u>. (cotton plant/sheep)
- B. Guess the season and write its name.







Summer



<u>Rainy</u>

## **ACTIVITY**

- **A.** Do it yourself.
- B. Put the numbers written on the dresses and the watch on the body of the boy to dress him properly.



## **LIFE SKILLS**

A boy is doing the following activities. Which should he not do? Put a cross (X) in the box.

