

A Clean Me

Poem

	Explain the activity to the students. Read the instructions	Get Going!
	aloud. Then ask them at random, one at a time, to say if	8
	the picture number 1 is appropriate and so on. Ask them to	
	explain why they are considered appropriate or not.	
\$	At the end announce the correct choices and ask them to mark	
	those pictures.	
\$	Cleanliness is extremely important for all of us. And we have	Read and Enjoy
	to begin it by keeping ourselves clean. This is what the poet is telling us.	
\$	We have to begin each morning by cleaning ourselves first	
	after we wake up. And the poet tells us what all we need to	
	do then. Er have to brush our teeth first, and comb our hair.	
	Then we have to wash our hands thoroughly well. This is	
	important because we will be touching many things, including	
	our food, during the day. Then we have to wash our faces so	
	that we become fresh after sleeping at night.	
\$	Now we are ready to do all the other activities of the day	
	because we are neat and clean. We can dress up to go to	
	school. And then the naughty little boy says that he is not	
	looking a mess. He will stay clean till recess! During recess all	
	students run out to play in the playground with their friends.	
	That makes them quite messy. It is usual to come home and	
	have a bath.	
♦	This poem tells us the great importance of cleaning ourselves	
	properly. And it also tells us subtly that we can have fun and	
	become messy, so long as we clean ourselves afterwards.	
*	It has eight lines broadly arranged in two stanzas. The first	
	one tells us how to clean ourselves up and the second tells us	
	what we are going to do now. The second and fourth lines are	
<u> </u>	rhymed in each stanza: hair – care; mess – recess.	
♦	Read aloud the instructions for each exercise one at a time	Read and
	and explain.	Understand
♦	Do the exercises orally and discuss the purpose of each	
	activity.	
♦	Read aloud each exercise and ask the students to answer	
	orally first. Then they can write it down in their books.	

	Announce the answers aloud and let the students check them either in pairs or themselves.
Appreciating	Explain the exercise and do it orally first. Then ask the
the Poem	students to join the rhyming words, using pencils and rulers
	Announce the answers aloud and tell the students to check
	their work themselves or in pairs.
Word Wise	Explain the exercise and do it orally first, using the blackboard
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	Then ask the students to complete the words.
	Announce the spellings of each word and let the student
	check their work. Ask them to remember spellings as they
	keep learning new words.
Write Well	Explain to the students the concept of writing a paragraph –
	set of sentences that focus on one central idea.
	Take random subjects familiar to them from earlier lessons
	family, friendship, animals etc. Then ask them to suggest fou
	sentences on each. Write them on the blackboard. For example
	Family – members, what they do at home, what they do when
	they go out, helping each other, etc. Lion – its appearance
	where it lives, what it eats, etc.
	Then read the exercise and explain what they are required to
	do. Ask for suggestions regarding Cleanliness and write the
	appropriate ones on the blackboard.
	Ask students to write three sentences about cleanliness in
	their notebooks. Teacher should check this individually. I
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	encourages the student and also helps to improve the neatnes
ATT Astimites	and skill of writing.
AIL Activity	Explain the activity and its importance, particularly in the
	context of the recent and current pandemic and possibility o
	risk.
	Have a live session miming hand washing, without the wate
	and soap.
	Then ask the students to draw soap and liquid soap in the
	boxes.