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## Growth of the First Cities

### Lesson Plan

#### Contents

- ▶ An overview of the Indo-Aryan civilisation
- ▶ Understanding the settlement and culture of the Indo-Aryans

#### Objectives

- ▶ To understand the background to the Indo-Aryan settlement
- ▶ To learn about their culture and their way of life
- ▶ To know the continuity of Indian civilisation since Vedic times
- ▶ To appreciate the evolution of our culture

#### Teacher's Aids

- ▶ Globe
- ▶ Pictures, atlas and wall maps
- ▶ Blackboard
- ▶ Internet

#### Tips for Teacher

- ▶ Explain the need for an understanding of the past.
- ▶ Explain the significance of the immense canvas of knowledge of the Vedic times.
- ▶ Explain the magnitude of Vedic awareness which formed the foundation of Indian culture and civilisation – the basis of unity in diversity, the basis of Vasudhaiva Kutumbakam, the basis of reverence for all life and life forms.
- ▶ Use wall maps or atlas and globe to explain the lesson.
- ▶ Encourage projects – visits to museums and places where the continuity of the Vedic culture can still be seen and understood.

#### Background and Reading

- ▶ Read the lesson aloud and explain, sharing the aids, etc., pausing to examine and explain the data in the pictures.
- ▶ Particularly focus on the vast range of awareness and reverence for life.

## The Advent of Aryans

- ▶ Vedic Age–Indo-Aryans, their entry into India and settlement; their society and culture

## Literary Sources

- ▶ The Vedas [Rig, Sama, Atharva and Yajur], the Brahmanas and the Aranyakas, the Upanishads, the epics the Mahabharata and the Ramayana

## Archeological Sources

- ▶ Pottery: Painted Grey Ware and Black and Red Ware
- ▶ Invention of the wheel: circumstances that led to the its invention

## Life of the People

- ▶ Political, commercial, social, religious, academic life

# Assessment Corner

## Oral Assignment

- Ask for answers at random from the students. Confirm the right answers.  
Let the students write down the answers if they like.

## Written Assignment

- The teacher has two options–(i) Either do these exercises orally first and then ask the students to write them down. OR (ii) Ask the students to write the answers on their own. Then teacher can announce the correct answers to the students and ask their partners to cross-check them.

In either case, the answers can be written as homework and the teacher can check them in the class.

## Think Tank

- HOTS questions:** Discuss the questions in the class and let the students write the answers to F and G as homework. The teacher should assess individual work.