

Good Habits

LESSON PLAN

SPECIFIC OBJECTIVES

The students will

- learn about good habits that should be followed in daily life
- learn about some golden rules to be followed in life

TEACHING AIDS

A chart paper having pictures of some good habits, blackboard, chalk, duster, pointer, etc.

TEACHING STRATEGY

- The teacher will start the lesson with a description of the habits given in the 'Warm Up'. He/ She will explain each picture and will ask to draw the shapes.
- The teacher, then, will explain what good habits and what bad habits are.
- The teacher, then, will explain the rules given under 'Golden Rules'.

BOOST UP

- The teacher may add some more good habits and rules on his/her own while teaching and explaining the lesson.
- The teacher may include some common activities, e.g., throwing waste paper on the floor in the classroom in his/her discussion and can advise accordingly.
- The teacher may advise the students to follow good habits beyond the classroom, for example, not to push or hurt anyone while playing with friends.
- The teacher, then, will ask the students to solve the exercises on their own. Thus, the teacher will be able to judge his/her students.
- The teacher will initiate a discussion on the topic given under 'HOTS'.

EXPECTED LEARNING OUTCOMES

The students are able to learn

- what good habits are
- the importance of following good habits in their daily life

- some golden rules to be followed in life.

EVALUATIVE QUESTIONS

The teacher may ask the following questions for evaluating his/her students.

1. What do you mean by good habits?
2. Why should we follow good habits?
3. Write three golden rules.
4. Make a list of some food habits that you should follow.