

# Our Body

## LESSON PLAN

### SPECIFIC OBJECTIVES

The students will learn about

- human body which is made up of many parts
- external human organs
- sense organs
- internal organs
- bones and muscles
- habits to take care of our body

### TEACHING AIDS

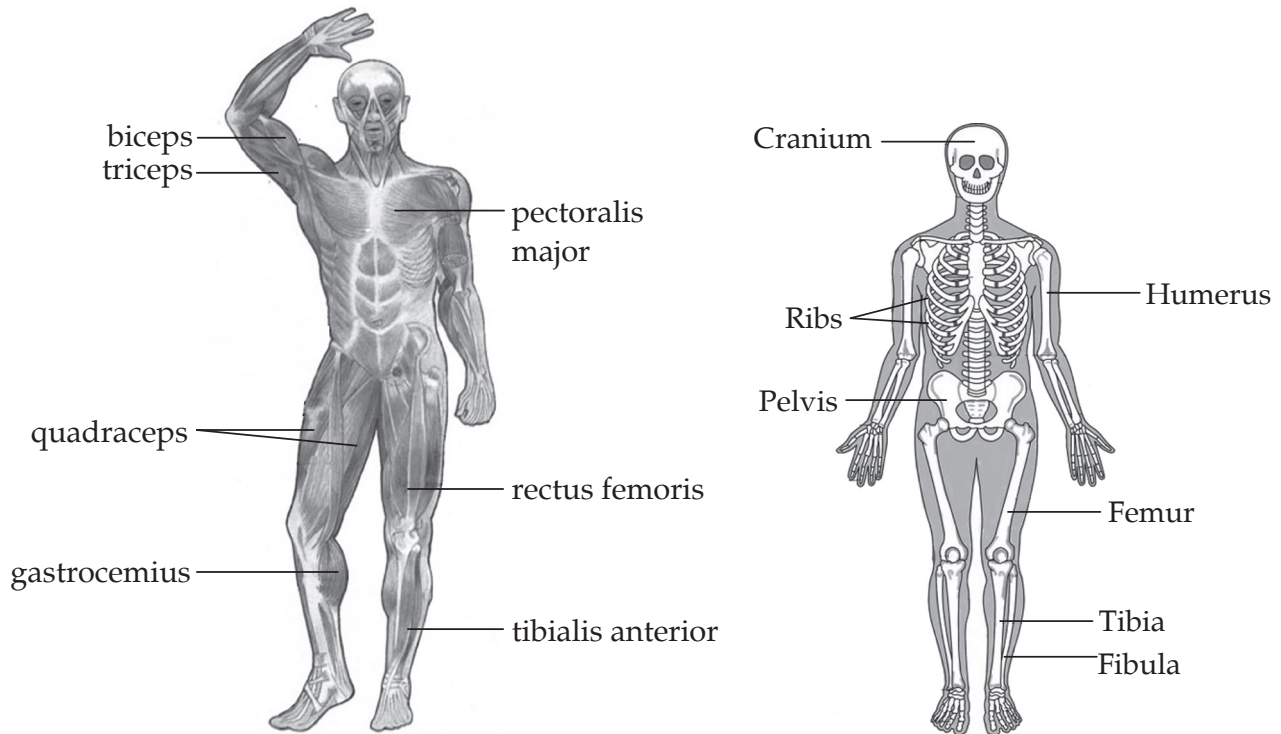
A chart paper containing labelled pictures, models of different human organs, flashcards, a projector, blackboard, chalk, duster, pointer, etc.

### TEACHING STRATEGY

- First, the teacher will start with Warm Up. He/She will ask the students to complete the picture and thereafter, he/she may ask the names of different parts in the picture.
- Then, the teacher will give an introduction about the external and internal organs. He/She may use a projector to show the internal organs.
- The teacher may use a labelled chart paper for showing external organs.
- The teacher will lay emphasis on sense organs.
- He/She may use flashcards for sense organs.
- After this, teacher will tell about internal organs in human body. The teacher may use a labelled chart paper for this.
- The teacher, then, will tell about bones and muscles. The teacher may show a human skeleton to the students.
- The teacher will tell the students to follow the good habits given in the lesson to keep their body fit.

## BOOST UP

- The teacher may use the following figure in the class.



- Using a projector the teacher may show how our bones and muscles work, especially when we walk, run, etc.
- Then, the teacher will ask the students to solve the exercises.
- The teacher will initiate a discussion on the topic given in HOTS. He/She may tell the students that the heart beats as long as one is alive. Only the rate of beating varies.
- The topic in Value Corner is very important. The teacher may advise the students not to laugh or make any comment on a blind or disabled person.

## EXPECTED LEARNING OUTCOMES

The students are able to learn about

- human body
- external human body
- internal human body
- sense organs
- good habits to be followed to keep our body healthy

## EVALUATIVE QUESTIONS

The teacher may ask the following questions to evaluate their students.

1. Name three external human organs.
2. Name two internal human organs.
3. What does our brain do?