

# 8

## Keeping Safe

### LESSON PLAN

#### SPECIFIC OBJECTIVES

The students will learn about

- ✧ safety at home
- ✧ safety on the road and bus stop
- ✧ safety in the bus
- ✧ safety at school
- ✧ safety in the playground
- ✧ safety in the swimming pool
- ✧ first aid

#### TEACHING AIDS

**Pictures/charts/models/animations** on safety rules to be followed at different places; first aid and first-aid box (as given in chapter)

#### LESSON PLAN

- ✧ Teacher will start the chapter with 'Gear Up' section discussing the need of safety in life.
- ✧ Now, teacher will define the safety rules and the harms if these are not followed.
- ✧ With the help of teaching aids, teacher will discuss the safety rules to be followed at home, on road, at bus stop, in bus, school, playground and swimming pool (as given in chapter).
- ✧ Teacher will define first aid and its need.
- ✧ Now, teacher will ask students to solve Check Points 1 and 2 given at subsequent places.
- ✧ At last, teacher will sum up the lesson by going through the points given under the head 'Wrap up now'.
- ✧ Teacher will help students to answer the questions given under the head 'Practice Time'.

#### BOOST UP

- ✧ Teacher should encourage students to add more safety rules to the places taught in the class.

- ✧ Teacher should encourage students to frame some safety rules to be followed at the places other than those given in chapter, for example, at malls, trains, metros, etc.
- ✧ Teacher should show the first-aid box and its contents to the students.

#### **EXPECTED LEARNING OUTCOMES**

The students understand and know

- ✧ the need of safety and the safety rules to be followed at different places.
- ✧ First aid and its need.

#### **EVALUATIVE QUESTIONS**

Teacher may ask the following questions for evaluating learning and understanding of students:

1. Why should we follow safety rules?
2. Whom do we give the first aid?
3. Where should we walk on the road?
4. When should we cross the road?