

Clothes for Us

5

LESSON PLAN

SPECIFIC OBJECTIVES

The students learn about

- clothes and their need
- fibre and its types
- materials used for making clothes
- clothes of different types, seasons, occasions and professions
- footwear and their need
- storing and taking care of clothes

TEACHING AIDS

Pictures/animation on early humans living in caves, covering the body with leaves, bark, etc.; **Pictures/animation** on children in dusty background, in sunshine, in winter scene, in rainy season; Cotton, jute, flax plants; Silkworm, some wool-yielding animals; Clothes made from synthetic fibres; Different clothes worn by people; Children in school uniform, sportswear, party-wear; Uniform of a doctor, a soldier, a postman; Different types of footwear; Dry-cleaned clothes; **Pictures/samples** of mothballs, neem leaves; **Pictures/animation** on cloth weaving and stitching by hand.

LESSON PLAN

- The teacher will start the chapter with 'Warm Up' section giving a brief idea about plants as sources of clothing material and will help students to fill in the blank.
- Now, with the help of teaching aids, teacher will explain that before the invention of clothes, Early human used to cover his body with animal skin, leaves and bark of trees.
- With the help of teaching aids, teacher will explain how cloths were made and stitched by hand in olden times.
- With the help of different teaching aids, teacher will explain how clothes keep us safe from dust, sun, cold, rain and insect bite.
- Now, teacher will show the pictures of fibre-yielding plants and wool-yielding animals and explain that some plants and animals give us material for making cloth.
- Teacher will explain that cloth material is also made from different chemicals.

- With the help of teaching aids, teacher will explain that people living in different states wear different types of clothes.
- Teacher will also explain that we wear clothes according to season and occasion.
- To check the learning of students about the chapter, teacher will ask them to solve 'Checkpoint 1'.
- By showing the pictures/animation on people dressed according to their professions, teacher will explain that some professions have special uniforms.
- Now, teacher will explain the need and benefits of wearing footwear.
- Teacher will explain the need and methods of taking care of clothes and emphasise on how store clothes when not in use.
- Now, teacher will ask students to solve 'Checkpoint 2'.
- At last, teacher will sum up the lesson by going through the points given under the head 'At One Go' and make students revise the new terms given under the head 'Remember These Terms'.
- Teacher will also help students to solve all the exercises given under the head 'Check Your Study'.

BOOST UP

- Teacher should show samples of some clothing materials and clothes made from them such as cotton, jute, silk, wool and synthetic fibres such as rayon, nylon, polyester, etc.
- Students should be encouraged to collect the pictures of dresses of different states.
- Students should be encouraged to gather information on the dresses worn in other countries.
- Teacher should arrange a tour for students to visit a cloth mill.
- Teacher should also discuss the facts given in the 'Knowledge Zone'.

EXPECTED LEARNING OUTCOMES

The students

- understand about clothes and their need.
- know about fibres and their types.
- can differentiate between clothes made of different natural fibres.
- can differentiate between clothes made of natural and synthetic fibres.
- know about clothes worn in different states.
- understand that clothes are worn according to season and occasions.
- understand that some professions have special uniforms.
- understand the need of footwear.
- know the methods of taking care and storing clothes.

EVALUATIVE QUESTIONS

The teacher may ask the following questions for evaluating learning and understanding of students:

1. How did early humans cover their body?
2. Where do we get natural fibres from?
3. How are synthetic fibres made?
4. Which type of clothes do we wear during winters?
5. What do we wear while going outside in the rain?
6. Name some footwear.
7. What is dry-cleaning of clothes?
8. Which things are used to keep insects away while storing clothes?