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Plants Give Us Food

LESSON PLAN

SPECIFIC OBJECTIVES

The students will learn about

- ✧ food obtained from plants
- ✧ different parts of plant used as food
- ✧ other things we get from plants

TEACHING AIDS

Pictures/charts/models/animations on different types of vegetables; fruits; cereals; pulses; cooking oils; tea; coffee; sugarcane, beetroot and sugar

LESSON PLAN

- ✧ Teacher will start the chapter with 'Gear Up' section by giving the idea that most of the things we eat, come from plants.
- ✧ Now, with the help of teaching aids, teacher will explain that we get food from every part of plant (as given in chapter).
- ✧ Teacher will tell that seeds of plants such as rice, wheat, maize, etc. are called cereals, whereas seeds of peas, beans and grams are called pulses.
- ✧ Now, teacher will ask students to solve 'Check Point'.
- ✧ Now, teacher will tell the names of plant products obtained from different plant parts (as given in chapter).
- ✧ At last, teacher will sum up the lesson by going through the points given under the head 'Wrap up now'.
- ✧ Teacher will help students to answer the questions given under the head 'Practice Time'.

BOOST UP

Teacher can show samples of fruits, vegetables, leaves, seeds and explain the plant part from which each item is obtained.

EXPECTED LEARNING OUTCOMES

The students know

- ✧ that the food we eat comes from different parts of plants.
- ✧ about different plant products.

EVALUATIVE QUESTIONS

Teacher may ask the following questions for evaluating learning and understanding of students:

1. Name the parts of pea, potato, carrot and radish plants which are eaten as food.
2. Name two cereals.
3. Name two pulses
4. Name two products obtained from plant leaves.