



LESSON PLAN

SPECIFIC OBJECTIVES

The students will learn about

- ▶ what clean habits are
- ▶ what dos and don'ts are there
- ▶ how to keep fit
- ▶ what good or bad touch is
- ▶ safety rules at public places

TEACHING AIDS

A chart paper containing pictures of cleanliness, safe and healthy practices, a projector, blackboard, chalk, duster, poster, etc.

TEACHING STRATEGY

- ▶ The teacher will ask the students to tick habits in Warm Up.
- ▶ The teacher will explain dose and don'ts at home.
- ▶ The teacher will tell importance of keeping fit.
- ▶ The teacher can show pictures or himself/herself, show the good exercises, habits to keep fit.
- ▶ The teacher can differentiate between good and bad touch.
- ▶ The teacher can explain precautions for safety at public places.

BOOST UP

- ▶ To teacher may ask the students to list good habits to stay clean, fit and healthy.
- ▶ The teacher can ask students to learn about proper breathing.
- ▶ The teacher can ask students to tell what good safety practices they should follow at public places.

EXPECTED LEARNING OUTCOMES

The students are able to learn

- ▶ about identifying good and bad habits
- ▶ about dos and don'ts at all times
- ▶ about practices to be followed to stay fit
- ▶ about good or bad touch and keeping safety at public place

EVALUATIVE QUESTIONS

The teacher may ask the following questions to evaluate his/her students.

1. Do you have a chart of dos and don'ts in your study room?
2. Which habits do keep us fit?
3. Which type of touch is good or bad?
4. What safety precautions are followed at public places?