

3. Health and Hygiene – Role of the Government

Worksheet 1

A Fill in the blanks to complete the sentences below:

1. Health means more than the absence of _____.
2. India is a major _____ of medicines.
3. The Indian government has taken up a lot of _____ services.
4. _____ hospitals are set up in metro cities.
5. In many states, the level of _____ is very low and the level of _____ is very high.
6. It is essential for every citizen to be aware of _____ practices in personal and _____ areas.
7. There are _____ and _____ practitioners in both rural and urban areas who cheat and exploit people.
8. _____ and _____ facilities have to be provided by the government.
9. Urban and rural people prefer to pay and seek _____ services rather than get free medical treatment.
10. The NITI Aayog formulates plans for the balanced _____ of the country's _____ and work for _____ development.

B Find the right words from the lesson to add to the sentences below:

1. Steps have been taken to prevent the following diseases: _____, _____, _____, _____ and _____.
2. The initiative for the Pulse Polio programme has been taken by the _____, _____, _____.
3. The cleanliness and sanitation programme launched by the government is called _____.
4. 'NITI' in NITI Aayog stands for: _____.
5. Sixty two million Indians are suffering from _____.

ANSWERS TO WORKSHEET 1



- A. 1. disease 2. exporter 3. health care 4. Multispeciality 5. sanitation; malnutrition

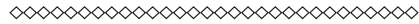
6. unhealthy; public
 7. unqualified; unethical
 8. Medicines; medical
 9. sophisticated
 10. utilisation; resources; economic
- B.
1. tuberculosis; chikungunya; H1N1 virus; jaundice; dengue
 2. government; Rotary Club; Lions Club
 3. Swachh Bharat
 4. National Institution for Transforming India
 5. fluorosis

Worksheet 2

A Make a list of five healthy habits you should practise.

B Make a list of five unhealthy habits you should avoid.

ANSWERS TO WORKSHEET 2



The following answers are illustrative. Any reasonable answers are acceptable.

- A. 1. Eat healthy food.
- 2. Have a bath daily.
- 3. Wash your hands before and after meals with soap.
- 4. Carry and use a handkerchief always.
- 5. Throw litter only in a dustbin.
- B. 1. Never litter any place.
- 2. Never spit or urinate in public places.
- 3. Never eat junk food.
- 4. Never spit chewing gum except in a dustbin nor stick it on tables, walls, etc.
- 5. Never cough or sneeze without using hanky or tissue.