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People Who Help Us

Lesson Plan

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- ▶ People who serve others
- ▶ Teacher
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Objectives

- ▶ Some people help to make our lives easy – by helping and serving us in different ways.
- ▶ Some of these people are : Teacher, doctors, policemen, postmen, etc.

Teacher's Aids

- ▶ Photographs, internet, etc.

Tips for Teacher

- ▶ Ask students to name more people who do things for us – In our daily lives we depend on each other's help. Many people look after our needs but we do not notice their work.

Gear Up, Background and Reading

- ▶ Gear Up exercise : The telephone numbers for emergencies are : Police – 100; Fire Brigade – 101; and Ambulance – 102.
- ▶ Read the lesson and points to remember aloud and explain.
- ▶ In our daily lives we depend on each other's help. Many people look after our needs but we do not notice their work - the conservancy staff who clean the city; the man who rings the school bell; the bus driver; the canteen staff; the librarian; the security guards; etc. Some of them are discussed in this lesson.

The Teacher

In school – read and write; singing, dancing, painting; play games; many activities; Like parents in school – good habits, manners, values, be punctual – become good citizens

- ▶ Take us for school outings: picnics, sight-seeing, etc. – make learning fun – charts, maps – school and home environment – meet parents.
- ▶ Teachers' Day: birthday of ex-President : Dr S. Radhakrishnan – love and respect teachers.

/// The Doctor

- ▶ Doctors and nurses in hospitals – own clinics - look after sick and injured people and make them healthy.
- ▶ Examine sick persons – give medicines – buy from chemist – sometimes admitted in hospital – asks patient to eat clean, simple, healthy food – prevention better than cure.
- ▶ Serious illnesses like : smallpox, malaria, polio, cholera, jaundice, typhoid, etc.
- ▶ Cities – many hospitals – villages : primary health centres ; sometimes mobile vans or dispensaries.
- ▶ Veterinary doctors – for treating birds and animals – especially in villages where people keep cattle and poultry.

/// The Policeman

- ▶ Protect life and property of people; maintain law and order – watch people who break laws and are criminals.
- ▶ Cities – many police stations – some places : police chowkis or police posts.
- ▶ In-charge : Station House Officer [SHO] or Thanedar – police inspectors, policemen and policewomen work under him.
- ▶ Telephone contact available for problem – at police station or post or van – keep a detailed plan of the area.
- ▶ Control large crowds at fairs, festivals, functions – arrange movement of vehicles and people.
- ▶ Traffic Police – looks after movement of traffic on roads – ensure safety rules and traffic rules followed. We must help them.

/// The Postman

- ▶ Letters sent and received – drop in letterboxes – through Post Offices – delivered by Postman.
- ▶ Cities – many postmen in large Post Offices – collect letters from the letterbox – brings to Post Office – sorts out the addresses – sent by road, rail and air to different places.
- ▶ Letters, parcels, money orders, etc., delivered – sometimes reads out letters – he is a friend in villages.
- ▶ Fixed area for delivery – punctual and regular – in all kinds of weather – respect their work.