

TEACHER'S RESOURCE MANUAL

➤ Geography ➤ History ➤ Social & Political Life



Contents

SECTION 1—GEOGRAPHY											
1.	Our Environment	•••	•••	•••	3						
2.	Inside Our Earth	•••	•••	•••	13						
3.	Our Changing Earth –1	•••	•••	•••	23						
4.	Our Changing Earth – 2	•••	•••	•••	32						
5.	Programme and the programme an		•••	•••	42						
	Weather and Climate		•••	•••	5						
	Water		•••	•••	65						
	Ocean Circulation				73						
	Natural Vegetation and Wildlife				84						
	Human Environment –1 (Settlements)				98						
	Human Environment –2 (Transport and Communication)				109						
	Human Environment Interactions (The Tropical and the Subtro	•	_	,	121						
	Life in Temperate Grasslands (The Prairies and the Velds)				133						
14.	Life in the Deserts (Sahara in Africa and Ladakh in India)	•••	•••	•••	143						
	SECTION 2—HISTORY										
1.	Periodisation	•••	•••	•••	153						
2.	Kings and Kingdoms	•••	•••	•••	160						
3.	The Delhi Sultanate	•••	•••	•••	169						
4.	The Creation of an Empire	•••	•••	•••	181						
5.	Architecture of the Medieval Period $\ldots\ldots\ldots\ldots\ldots\ldots$	•••	•••	•••	194						
6.	Towns, Traders and Craftsmen	•••	•••	•••	202						
7.	Social Change – Settled Communities	•••	•••	•••	210						
8.	Popular Beliefs and Religious Issues				216						
	Regional Cultures and Customs				226						
10.	Political Situation in the 18th Century	•••	•••	•••	235						
SECTION 3—SOCIAL AND POLITICAL LIFE											
1.	Democracy–Evolution and Focus				246						
2.	Institutional Representation of Democracy			•••	256						
3.	Health and Hygiene – Role of the Government	•••	•••	•••	266						
4.	How Our States are Governed	•••		•••	272						
5.	The Role of Media in Democracy			•••	282						
6.	Advertising and Advertisements	•••	•••	•••	290						
7.		•••	•••	•••	299						
•	Women in the Society	•••	•••	•••	306						
	Market Around Us	•••		•••	314						

1. Our Environment

Worksheet 1

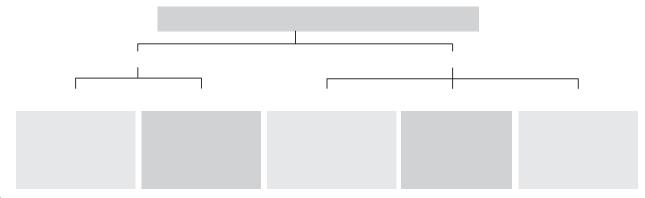
A	Se	lect the correct option to com	plete	e the following sentences	5:						
	1.	Environment stands for our surroundings that include all									
		(a) plants and animals	(b)	living and non-living thing	S						
		(c) industrial and non-industrial setlements									
	2.	2. The biotic and abiotic components of the natural environment are									
		(a) correlated and interact with each other									
		(b) unaffected by each other	(c)	found also found on Mars							
	3.	3. Most human needs are met from the									
		(a) hydrosphere	(b)	lithosphere	(c)	atmosphere					
	4.	4. The science that studies the relationship between living organisms and their environme is called									
		(a) biology	(b)	ecology	(c)	sociology					
	5. Man's activities have created										
	(a) development of the human brain										
	(b) new species of plants and animals										
		(c) an ecological imbalance									
В	Fv	plain the following statements:									
9	1. The components of the natural environment are dynamic in nature.										
	1. The components of the natural environment are dynamic in nature.										
	2.	2. The actual degradation of the environment is due to man's activities.									

Answers to Worksheet I

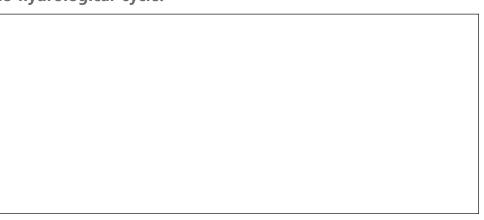
- A. 1. (b) 2. (a) 3. (b) 4. (b) 5. (c)
- B. 1. The components of the natural environment are interrelated and interact with each other. A change in one component creates a change in the other aspects of the environment. Thus, the components are dynamic in nature.
 - 2. Man has disturbed the ecological balance through farming, grazing, lumbering, mining, industries, transport, construction and communication. Therefore, his activities have led to the degradation of the environment.

Worksheet 2

A Draw a chart to show the components of the environment.



(B) Draw the hydrological cycle.



Answers to Worksheet 2

A. COMPONENTS OF THE ENVIRONMENT Natural Environment **Human Environment** Abiotic **Biotic** Settlement Transportation Communication Plants Lithosphere Rural settlement Roadways • Radio and TV Animals Hydrosphere Urban settlement Airways Newspapers Human beings Atmosphere Waterways Magazines • Internet, etc.

B. Give a pictorial chart of the hydrological cycle:

Oceans \rightarrow warm up \rightarrow water evaporates \rightarrow forms clouds \rightarrow drift towards land \rightarrow condensation \rightarrow movement and rain \rightarrow fill up water bodies