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# When People Do Not Get Food

# **LESSON PLAN**

### **SPECIFIC OBJECTIVES**

The students will learn about

- that famines are caused by natural calamities and man-made phenomena
- deficiency diseases

### **TEACHING AIDS**

A chart showing deficiency diseases, blackboard, chalk, duster and digital content.

### **TEACHING STRATEGY**

- ▶ Help the students do the 'Warm up' activity.
- ▶ Explain that natural calamities like earthquakes, floods, etc., cause a lot of damage to crops, cattle and human life.
- ▶ Explain that improper food storage, blackmarketing, hoarding and poverty are man-made phenomena responsible for famines.
- ▶ Explain that deficiency diseases are caused due to lack of nutrients like vitamins, fats, carbohydrates, minerals and water in our diet.
- ▶ Sum up the chapter by going through the points under the head 'Remember'.
- Finally, help the students do all the exercises.

### **BOOST UP**

Show the chart containing deficiency diseases.

### **EXPECTED LEARNING OUTCOMES**

The students are able to learn about

- causes of famines.
- deficiency diseases.

## **EVALUATIVE QUESTIONS**

The teachers may ask the following questions to evaluate their students.

- 1. What is scurvy?
- 2. What is rickets?