



LESSON PLAN

SPECIFIC OBJECTIVES

The students will learn about

- ▶ accidents
- ▶ safety rules and their need
- ▶ road and fire safety
- ▶ first aid
- ▶ first aid given at the time of burns, cuts and wounds, sprains and fractures, animal and snake bites and poisoning

TEACHING AIDS

A chart showing traffic signs, blackboard, chalk, duster and digital content.

TEACHING STRATEGY

- ▶ Start the 'Warm Up' section by asking some questions based on the general knowledge and personal experience of the students regarding the pictures given in the section.
- ▶ Discuss what an accident is, how it affects us, why it happens and how it can be prevented.
- ▶ Discuss some safety rules in different situations.
- ▶ Define what first aid is and why it is important to us. Also discuss that first aid to be given to victims of different accidents will not be same. It depends on the condition of victim and nature of the accident.
- ▶ Sum up the chapter by going through the points given under the head 'Remember'.
- ▶ Finally, help the students to do all the exercises.

BOOST UP

- ▶ Encourage the students to follow safety rules everywhere.
- ▶ Students should be encouraged to explore more road signs and their meanings.
- ▶ Discuss the need of road safety rules in life.
- ▶ Also discuss the road safety rules followed in different countries and compare them with those of our country.

EXPECTED LEARNING OUTCOMES

The students are able to learn about

- ▶ safety rules and their need.
- ▶ road and fire safety.
- ▶ first aid.
- ▶ first aid given at the time of burns, cuts and wounds, sprains and fractures, animal and snake bites and poisoning.

EVALUATIVE QUESTIONS

The teachers may ask the following questions to evaluate their students.

1. Why does an accident occur?
2. What is road safety?
3. Which side should a vehicle overtake from?
4. Where should a pedestrian walk?
5. Why should we not switch on or off during gas leakage?
6. What is first aid?
7. How does an ice pack help during bleeding?
8. What are splint and sling?