



LESSON PLAN

SPECIFIC OBJECTIVES

The students will learn about

- ▶ special occasions when we eat together
- ▶ *langar*
- ▶ midday meal

TEACHING AIDS

- ▶ Blackboard, chalk, duster and digital content.

TEACHING STRATEGY

- ▶ Let each student do the Warm Up activity.
- ▶ Explain how eating together creates harmony in the family.
- ▶ Explain that on special occasions, like birthdays, marriage, etc., special dishes are prepared in large vessels.
- ▶ Ask the students if they have ever eaten at a *langar*.
- ▶ Explain the concept of a midday meal.
- ▶ Sum up the chapter by going through the points given under the head 'Remember'.
- ▶ Finally, help the students do all the exercises.

BOOST UP

- ▶ Show pictures/animations of *langar*.
- ▶ If possible, take the students to a *langar*.

EXPECTED LEARNING OUTCOMES

The students are able to learn about

- ▶ the importance of eating together.
- ▶ special occasions when we eat together.
- ▶ mid-day meal.

EVALUATIVE QUESTIONS

The teachers may ask the following questions to evaluate their students.

1. Why should a family eat together?
2. Who started *langar*?
3. What are the benefits of a midday meal?