



The Journey of Food

LESSON PLAN

SPECIFIC OBJECTIVES

The students will learn about

- ▶ steps in the journey of food—ploughing, sowing of seeds, irrigation, etc.
- ▶ harvesting
- ▶ different spices

TEACHING AIDS

- ▶ Small packets containing different spices, blackboard, chalk, duster and digital content.

TEACHING STRATEGY

- ▶ Help the students do the Warm Up activity.
- ▶ Draw a web chart on the blackboard to trace the journey of food.
- ▶ Explain the terms ploughing, sowing, irrigation, weeding and harvesting.
- ▶ Explain the role of fertilisers, insecticides and pesticides in growing a crop.
- ▶ Explain the difference between wholesalers and retailers.
- ▶ Ask the students to name the different spices they use in their homes.
- ▶ Highlight the fact that some spices can be used as medicines.
- ▶ Sum up the chapter by going through the points given under the head 'Remember'.
- ▶ Finally, help the students do all the exercises.

BOOST UP

- ▶ Let the students do Activities 1 and 2.
- ▶ Show pictures/animations of different steps used to grow crops.
- ▶ Show packets containing different spices to the students.

EXPECTED LEARNING OUTCOMES

The students are able to learn about

- ▶ different steps used in growing crops.
- ▶ spices used in food as well as medicines.

EVALUATIVE QUESTIONS

The teachers may ask the following questions to evaluate their students.

1. What is the difference between manure and fertiliser?
2. Why do we use spices in our food?
3. Why is saffron so expensive?