



LESSON PLAN

SPECIFIC OBJECTIVES

The students will learn about

- ▶ our traditional games
- ▶ indoor and outdoor games
- ▶ modern sports
- ▶ some famous sportspersons of our country

TEACHING AIDS

Blackboard, chalk, duster, digital content.

TEACHING STRATEGY

- ▶ Help the students in doing the Warm Up activity.
- ▶ The students may not be familiar with our traditional games. Show them the digital content to give an idea about our traditional games.
- ▶ Tell the difference between indoor games and outdoor games.
- ▶ Ask the students about their favourite games.
- ▶ Discuss how T.V. and computer are having a bad impact on us.
- ▶ Sum up the chapter by going through the points under the head 'Remember'.
- ▶ Finally, help the students do all the exercises.

BOOST UP

- ▶ Show videos of scuba diving, river rafting, etc.
- ▶ Ask the students about their favourite players.

EXPECTED LEARNING OUTCOMES

The students are able to learn about

- ▶ the names of traditional games.
- ▶ importance of rules in a game.

EVALUATIVE QUESTIONS

The teachers may ask the following questions to evaluate their students.

1. Why people do not play traditional games?
2. Why should we play games?
3. Why should we follow the rules of the game?