

2. India–The Northern Mountains

Worksheet 1

A Select the correct option to complete the sentences below.

1. Mt Godwin Austin in the Karakoram ranges is also called _____.
(J2/K2/Nandadevi)
2. The Himalayan mountains have three _____ ranges.
(parallel/river/valley)
3. The Lesser Himalayas are also called _____.
(Himadri/Himachal/Shiwalik)
4. _____ gets the heaviest rainfall in the world.
(Cherrapunji/Shillong/Mawsynram)
5. The famous _____ is held at Haridwar.
(Kumbha Mela/Mask Dance/Dhazu)

B Write True or False.

1. In Arunachal Pradesh some houses are built on stilts. _____
2. Darjiling produces very poor quality of tea. _____
3. In Kashmir, men and women wear a loose gown called phiran. _____
4. Most people in Ladakh are Hindus. _____
5. Aizawl is the capital of Mizoram. _____

C Answer the following questions.

1. What occupation do the people of Uttarakhand mostly follow?

2. What is the dress of the women in Sikkim called?

3. Where is the yak used and for what?

4. Mention two important uses of the Northern mountains.

5. Name the Seven Sisters.

Answers to Worksheet I

- A. 1. K2 2. parallel 3. Himachal 4. Mawsynram 5. Kumbha Mela
- B. 1. True 2. False 3. True 4. False 5. True
- C. 1. The people of Uttarakhand are either farmers or serve in the armed forces.
2. The women wear a dress called bako in Sikkim.
3. The yak is used in Ladakh as a beast of burden.
4. The Himalayan mountains have acted as a natural barrier against enemy attacks and they protect us from the cold winds of the north. They check monsoon winds and thus cause heavy rainfall. Many rivers originate here and dams on them provide hydro-electricity. The thick forests provide timber and habitat for wildlife. [any two]
5. The Seven Sisters of the North-East are: Arunachal Pradesh, Assam, Meghalaya, Nagaland, Mizoram, Manipur and Tripura.

Worksheet 2

On a map of India, mark the following:

1. The three parallel ranges of the Himalayas – Himadri, Himachal and Shiwalik.
2. The states of Sikkim, Assam and Himachal Pradesh.
3. Places where we find tea plantations, Kumbha Mela and the yak.

