

14. A Healthy and Long Life

Worksheet 1

A Circle the right option to complete each sentence.

1. Prevention is better than care/cure/cart.
2. A variety of instruments are used to diagnose attitudes/feelings/diseases.
3. Digital thermometers are used for measuring the temperature/height/blood pressure of the body.
4. The replacement of a diseased body part with a healthy one is called transfer/translation/transplantation.

B Match the name of the doctor/scientist in Column A with the product in Column B.

Column A

1. G. D. Fahrenheit
2. Zacharias Jannsen
3. Rene Laennec
4. Sushruta
5. James Simpson
6. Alexander Fleming

Column B

- (a) Anaesthesia
- (b) Penicillin
- (c) Stethoscope
- (d) Thermometer
- (e) Microscope
- (f) Surgery

C Write the following:

1. Three instruments used for diagnosis.

2. Three diseases for which vaccination is used.

3. Three healthy habits.

Answers to Worksheet 1

A. 1. cure 2. diseases 3. temperature 4. transplantation

B. 1. d 2. e 3. c 4. f 5. a 6. b

C. Any reasonable answers are acceptable. For example:

1. Thermometer, microscope, stethoscope.

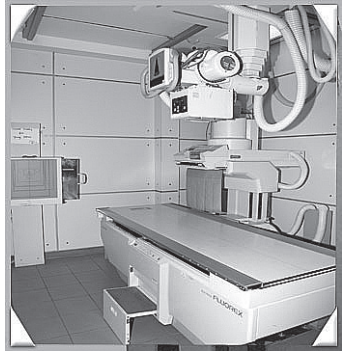
2. Smallpox, polio, tuberculosis.
3. Washing hands before and after a meal, doing yoga regularly; visiting a doctor if one feels sick.

Worksheet 2

A Name the instruments shown in the pictures below.



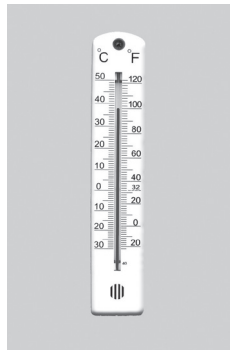
1. _____



2. _____



3. _____



4. _____

B These things relate to a healthy life. Describe them.

1.



2.



3.



4.



5.



C These pictures show some unhealthy habits. Describe why you think them unhealthy:



1. _____



2. _____

Answers to Worksheet 2

- A. 1. A Stethoscope 2. An X-ray machine 3. A Microscope 4. A Thermometer
- B. 1. Drinking clean water 2. Eating fresh fruits 3. Doing yoga regularly
4. Washing one's hands 5. Having a bath regularly
- C. 1. This child is eating junk food.
2. This child is lazy and does not do any exercise.