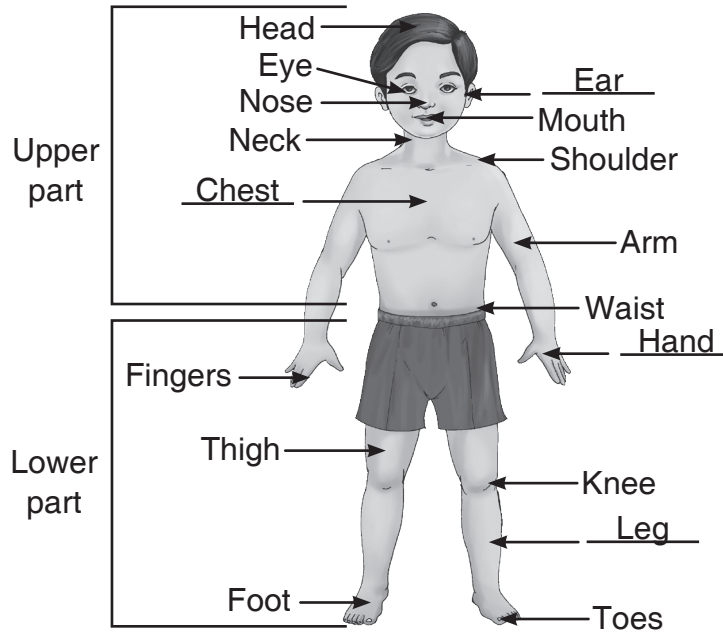


1. My Body

ANSWERS

WARM UP

Our body has many parts. Each part has a name. All the parts together make our body. Write the names of the missing parts.



CHECK YOU STUDY

A. Tick (✓) the correct pictures.

1. We run using our

(a)



(b)



2. We hear sound using our

(a)



(b)



B. Name the following body parts.

1.



E Y E

2.



N O S E

C. Answer these questions.

1. Name any two parts of our body.

Ans. Arm and Leg

2. What helps us to see things?

Ans. Eye

3. What helps us to write our name?

Ans. Hand

4. You want to jump. Which part of your body will you use?

Ans. Leg

D. Why do we have hair in our nose?

Ans. To protect it from dust.

E. Write the number of the following parts in our body.

1. Eye 2

2. Ear 2

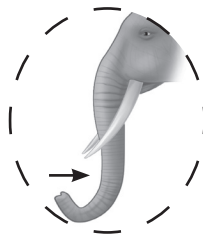
3. Nose 1

4. Leg 2

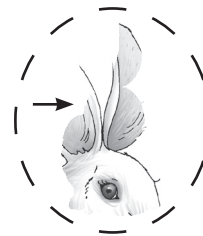
5. Hand 2

F. Fun to Do

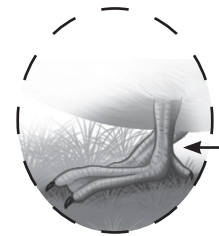
Look at the pictures of the body parts of different animals. Name the body parts and the animals.



1. Trunk, Elephant



2. Ear, Rabbit



3. Leg, Bird

G. Tick (✓) the correct action.

Should we take a bath every day?

Yes

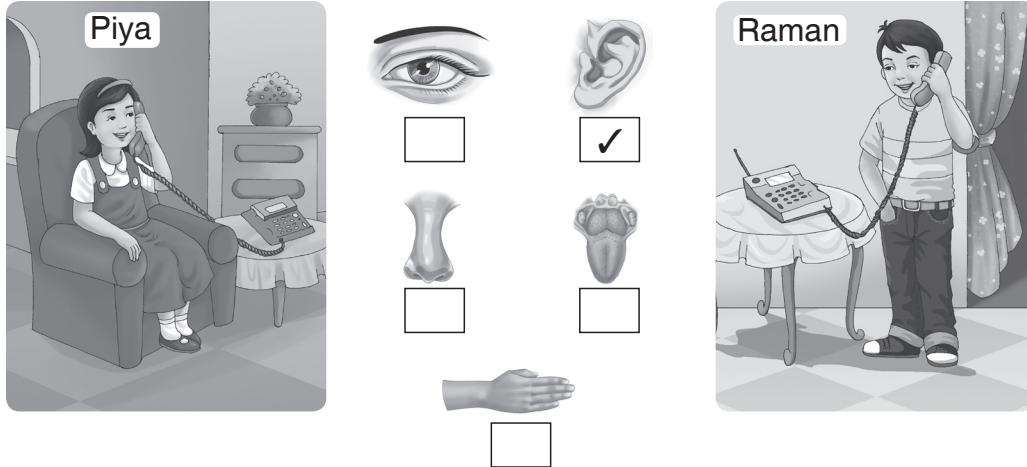
No

2. Our Sense Organs

ANSWERS

WARM UP

Piya wants to talk over the phone with her friend, Raman. Tick (✓) the sense organ they will need to listen to each other.



CHECK YOUR STUDY

A. Tick (✓) the correct pictures.

1. We see with our

(a)



(b)



2. We taste honey with our

(a)



(b)



B. Tick (✓) the right statements.

1. If your eyes are closed, you can taste but cannot see.

2. If your nose is blocked, you cannot smell but you can hear.

3. If someone shouts near you, you will close your eyes because you do not want to listen to him/her.

4. Your skin tells whether a medicine is bitter.

C. Answer these questions.

1. Name our sense organs.

Ans. Eyes, ears, tongue, nose and skin.

2. How does our skin help us?

Ans. The skin tells us whether.

3. What helps us listen to music on a radio?

Ans. Ear.

D. 1. A person is deaf and blind. Which sense organs of the person are not working?

Ans. Ears and eyes respectively.

2. Make a list of Dos and Don'ts to keep your sense organs safe and sound.

Ans.

| Dos | Don'ts |
|---|---|
| 1. Clean eyes with clean cold water | 1. Do not rub your eyes. |
| 2. Use clean and soft towel to clean your eyes. | 2. Do not use a rough thing to rub your eyes. |

E. Activity

Collect pictures of the ears of different animals and paste them in your scrapbook.

Ans. Do it yourself.

G. Tick (✓) the correct action.



3. The Food We Eat

ANSWERS

WARM UP

Tick (✓) the food items you should eat and cross (X) the food items you should avoid eating.



CHECK YOUR STUDY

A. Tick (✓) the correct answers.

- When we feel hungry, we should take
(a) food (b) exercise
- Our food makes us
(a) healthy (b) sick
- Which of the following foods gives us energy?
(a) Fruits (b) Butter
- We get apples from
(a) plants (b) animals

B. Give two examples of

- food from plants (a) Bread (b) Banana
- food from animals (a) Milk (b) Egg
- food that helps us to grow (a) Milk (b) Meat
- junk food (a) Burger (b) Chips
- good food habits (a) Washing hands before meals
(b) Chewing food properly

C. Identify the fruits and vegetables. Fill in the missing letters.

- a p p l e
- m a n go
- b a n an a
- l i t chi



- b r i n j l
- p o ta t o
- ca b b a g e
- p u m p k i n



5. caulif lower

6. to ma to

D. Answer these questions.

1. Name the different kinds of food.

Ans. The different kinds of food are:

- ▶ Pulses, milk, eggs and meat help us to grow.
- ▶ Rice, sugar, bread and butter give us energy.
- ▶ Fruits and vegetables keep us healthy.

2. When do we take lunch?

Ans. We take lunch in the afternoon.

3. Write three good food habits.

Ans. Three good food habits are:

- ▶ Chew your food properly.
- ▶ Don't eat food while watching T.V.
- ▶ Don't talk while eating food.

E. Why should we take clean and fresh food? Discuss.

Ans. Stale food make us sick.

F. Fun to do

Put an oval around the names of foods.

| | | | | | |
|---|---|---|---|---|---|
| G | R | A | P | E | S |
| G | M | D | O | Q | L |
| F | E | B | T | M | W |
| B | A | N | A | N | A |
| C | T | F | T | K | U |
| Z | D | J | O | R | O |

G. Tick (✓) the correct statements.

1. We should not waste food.
2. We should waste food.
3. We should give stale food to others.

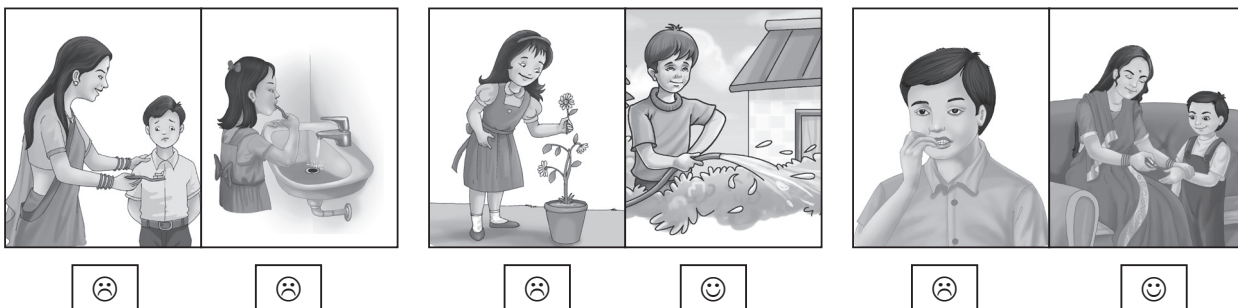


4. Good Habits

ANSWERS

WARM UP

Draw 😊 for good habits and ☹️ for bad habits.



CHECK YOUR STUDY

A. Tick (✓) the correct answers.

1. It is an example of a good habit.

(a) fighting with friends (b) sharing things with friends

2. Which of the following should you avoid?

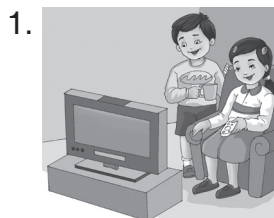
(a) Sneezing openly

(b) Covering your nose with a hanky while sneezing

3. You should rise from the bed

(a) early in the morning (b) late in the morning

B. Look at the pictures and colour the boxes red for bad habits and green for good habits.



red



green



green



red

C. Answer these questions.

1. List three good habits.

Ans. Three good habits:

- ▶ Always get up early in the morning.
- ▶ Take a bath every day.
- ▶ Cover your nose when you sneeze

2. What is a good touch?

Ans. A good touch is that touch which makes us feel good.

3. List three bad habits.

Ans. Three bad habits:

- ▶ Biting nails
- ▶ Watching TV too much.
- ▶ Putting finger in nose.

D. Look at the pictures and say their uses.



Bath



Brush



Keeping litter

E. Fun to do

Let us find out how many of you have good habits and are well-mannered. Take a dice and play this game. The one who gets six on throwing the dice should start the game. Follow the instructions carefully. See how many times you climb up a ladder and how many times you are bitten by a snake.

The child who climbs up the ladder the maximum number of times is a good child.

| | | | | | | | | | |
|------------------------------|---------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 |
| Write on walls | Do not throw garbage in streets | Do not spit | Do not use abusive language | Do not use abusive language | Do not use abusive language | Do not use abusive language | Do not use abusive language | Do not use abusive language | Do not use abusive language |
| 40 | 39 | 38 | 37 | 36 | 35 | 34 | 33 | 32 | 31 |
| Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit |
| 20 | 19 | 18 | 17 | 16 | 15 | 14 | 13 | 12 | 11 |
| Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit | Do not spit |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders | Greet and respect all elders |

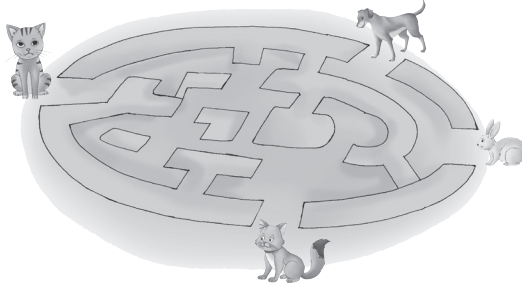
Ans. Do it yourself.

5. My Family

ANSWERS

WARM UP

Help Kitty reach its mother.



Ans. Do it yourself.

CHECK YOUR STUDY

A. Tick (✓) the correct answers.

1. Father and mother are called

(a) parents

(b) grandparents

2. Uncles and aunts live in a

(a) small family

(b) joint family

3. Your cousin is the son of your

(a) uncle

(b) grandfather

B. Fill in the blanks with information from the text.

1. Father, mother and children make a _____ family_____.

2. We should _____ help_____ our parents in household work.

C. Answer these questions.

1. What is a family?

Ans. Father, mother and children make a family.

2. What is a small family?

Ans. A family with father, mother and one or two children is called a small family.

3. What is a joint family?

Ans. A family with grandparents, parents, uncles, aunts and many children is called a joint family.

D. Discuss the following topic in the class.

A happy family is a family where every member helps each other.


Ans. If everyone helps in household work, there is no problem in the house.

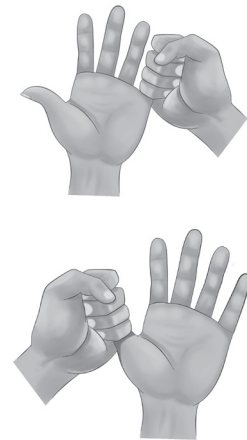
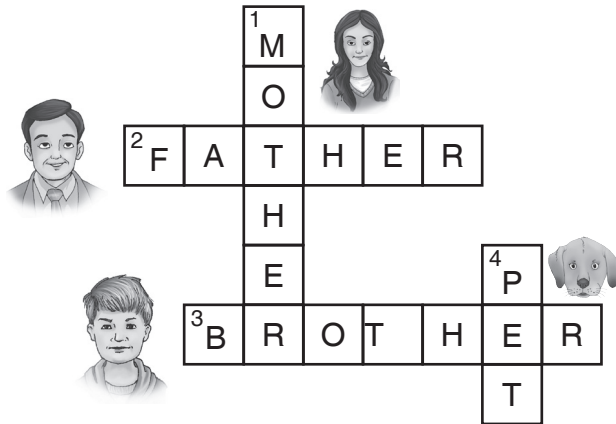
E. Project

Make groups of five students each. Paste a family photograph of each member of the group on a big chart paper. Write a few lines about each family. Discuss the charts (other groups' charts too) in the class.

Ans. Do it yourself.

F. Fun to Do

Leena wants to complete the following crossword puzzle. Help her.  of the pictures.



G. Activity

Enjoy the poem and do as instructed.

A FAMILY FINGERPLAY

This is a family, *hold up one hand, fingers spread*

Let's count them and see,

How many there are,

And who they can be. *count 1, 2, 3, 4, 5*

This is the mother, *touch pointer finger*

Who loves everyone.

And this is the father, *touch big finger*

Who is lots of fun.

This is my sister, *touch ring finger*

She helps and she plays,

And this is the baby, *touch little finger*

He's growing each day.

But who is this one? *touch thumb*

He's out there alone,

Why it's Jackie, the dog,

And he's chewing a bone. *wiggle thumb*

Ans. Do it yourself.

H. Your mother is having a headache and she tells you to switch off the TV. You will

(a) switch off the TV.

(b) continue watching the programme.

6. The House We Live In

ANSWERS

WARM UP

Write your address on the house in the box given below. Also, colour the house.



Ans. Do it yourself.

CHECK YOUR STUDY

A. Tick (✓) the correct answers.

1. We live in a

(a) jungle

(b) house

2. Iron rods are used in making a

(a) pucca house

(b) kutcha house

B. Fill in the blanks with information from the text.

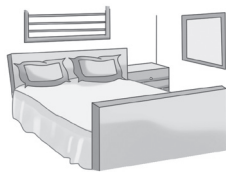
1. In the winter, our house protects us from _____ cold _____.

2. We use mud in making a _____ kutcha _____ house.

3. A good house should be clean and _____ airy _____.

C. Name the following rooms of a house.

1.



_____ Bed _____ room

2.



_____ Kitchen _____ room

3.



_____ Study _____ room

D. Name the parts of the house.



E. Answer these questions.

1. What is a good house?

Ans. A good house is neat, clean and airy.

2. What is a pucca house?

Ans. A house made of bricks, cement, iron rods and steel is a pucca house.

F. It does not matter whether your house is big or small, but you can make it a good house. How? Discuss it in the class.

Ans. By helping and loving every member and keeping the house clean.

G. Project

Have you read any story about Mowgli from The Jungle Book? Where did Mowgli live? Who were his companions? Collect information about Mowgli and discuss in the class.

Ans. Do it yourself.

H. Look at the pictures of two drawing rooms. Write two differences.



(a) _____

(b) _____

Ans. Do it yourself.

I. Some unwanted grass has grown at the backside of your house. What should you do?

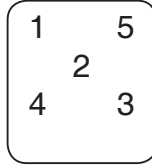
Ans. Get it cut.

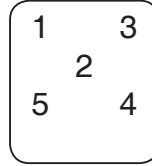
7. Clothes

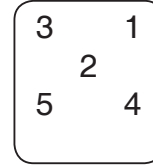
ANSWERS

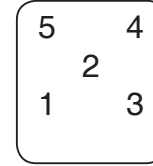
WARM UP

The tailor is confused about how to stitch your dress to give it a complete shape. Help him by arranging the numbers in a way so that they appear as a complete dress. Tick (✓) the right combination.









CHECK YOUR STUDY

A. Tick (✓) the correct pictures.

1. We wear it in the rain.

(a)



(b)



2. We wear it in summer.

(a)



(b)



3. We get wool from

(a)



(b)



B. Identify the following clothes. We wear them in the winter.

1.



mu f f l e r

2.



g l o v e s

3.



s o c ks

C. Answer these questions.

1. Why do we wear clothes?

Ans. We wear clothes to protect ourselves from heat, cold, rain and dust. Clothes make us look smart.

2. Which clothes do we wear in summer?

Ans. We wear cotton clothes in summer. They keep us cool.

3. When do we use a raincoat?

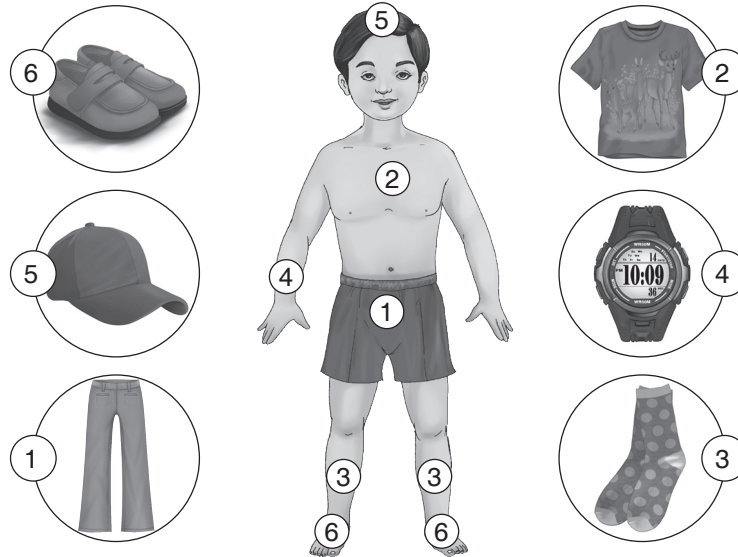
Ans. We use a raincoat on a rainy day.

D. Where do we get silk from?

Ans. We get silk from silkworms.

E. Activity

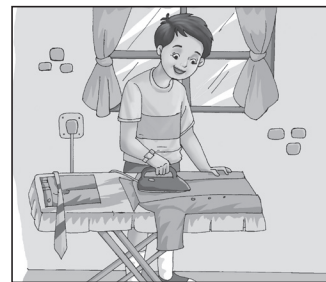
Put the numbers written on the dresses and the watch on the body of the boy to dress him properly.



F. A boy is doing the following activities. Which activity should he not do? Put a cross (x) in the box.



✓



x

CHECK YOUR UNDERSTANDING

A. Tell a few lines about yourself in the class.

Ans. Do it yourself.

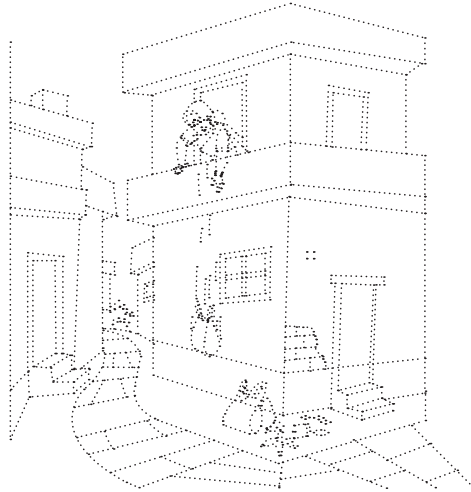
B. Make a group of five students. Each student will play a role of the sense organ in our body. She will tell the function of the sense organ.

Ans. Do it yourself.

C. Prepare a chart showing healthy food and unhealthy food.

Ans. Do it yourself.

D. Join the dots and colour the picture. Write whether it is a good habit or bad habit. Give a tick (✓) or a cross (X) on the picture accordingly.



Ans. Do it yourself.

TEST PAPER

A. Tick (✓) the correct answers.

1. It is a sense organ in our body.

(a) Hair

(b) Eye

2. We should avoid eating/drinking

(a) milk

(b) pizza

3. Covering mouth and nose while sneezing is a

(a) bad habit

(b) good habit

4. It saves us from wild animals.

(a) Bus stop

(b) House

5. We use it to save ourselves from cold.

(a) Sweater

(b) Umbrella







B. Fill in the blanks.

1. We should wash our hands and mouth before _____ meals _____.

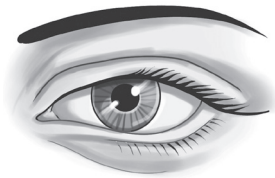
2. Parents and children live together in a _____ house _____.

3. While going to school, we wear uniform.
4. We use a raincoat in the rain.
5. We take a bath in the bathroom in our house.

C. Match the sense organ with its function.

| | | | | | |
|----|---|---|---|-----|--|
| 1. |  | • | • | (a) |  |
| 2. |  | • | • | (b) |  |
| 3. |  | • | • | (c) |  |

D. Identify the following pictures.



1. Eye



2. Apple



3. Dustbin

E. Answer these questions.

1. Name the five sense organs.

Ans. Eyes, nose, tongue, ears, skin.

2. What is junk food?

Ans. The food which is not good for health.

3. Give an example of a bad habit that you should avoid doing.

Ans. Not taking a bath every day.

4. Name a member of your family. Write his/her relation with you.

Ans. Do it yourself.

5. Which type of clothes do we wear in summer?

Ans. Cotton clothes.