

Yummy Food

LESSON PLAN

SPECIFIC OBJECTIVES

- ▶ Appreciating the value of good food; understanding why parents ask us to eat good food and not eat junk food
- ▶ Sharing the lessons one learns from parents and teachers and applying them
- ▶ Sharing food with each other and respecting each other
- ▶ Reading, understanding, listening to the lesson
- ▶ Recognising words, meanings, pronunciation and spelling
- ▶ Learning about describing words or adjectives and their use
- ▶ Answering questions orally and writing them down as taught by teacher on the board
- ▶ Learning to write neatly
- ▶ Applying lessons learnt in school and at home

GEAR UP

- ▶ Ask students what all they like to eat; what they eat at home; what they bring for lunch. (It will be useful to ask who cooks their food.)
- ▶ Talk about different kinds of food—which foods are healthy, which foods are not healthy.
- ▶ Talk about different foods in different parts of India from which students come. They can bring or draw pictures of the foods.
- ▶ Tell them what kind of foods to eat in school and regularly; what to avoid.

Outcome: Learning about healthy and unhealthy foods; learning about food from different parts of India.

READ AND DISCOVER

- ▶ Read aloud the lesson slowly, allowing students to follow carefully.
- ▶ Explain how the children are shown speaking to each other with the teacher watching them.
- ▶ Explain words, spellings, pronunciation and meanings.
- ▶ Get the students to read the dialogues in groups of three, i.e., three students to read aloud the part of Viwan, three for Rita and three for Ravi. In this way, students will gain confidence.

- ▶ Ask in-text questions such as why some of the foods are healthy; why some are unhealthy; saying please, thank you, etc.
- ▶ Tell students to read the lesson at home.

Outcome: Recognising words, sentences, speaking, reading, pronunciation, spellings and meanings, understanding how to speak properly.

ENJOY AND UNDERSTAND

- ▶ Exercise A: Discuss in class and answer orally.
- ▶ Exercise B: Discuss; orally answer in class; then teacher should write each answer on the blackboard—and let the students transcribe them in their classwork notebooks.

Outcome: Learning to answer questions orally and transcribe teacher's answers.

GRAMMAR SPOTLIGHT

- ▶ Explain what describing words are using blackboard, examples from book, class, school, home, etc.
- ▶ Exercise A: Do orally in class and let the students underline the adjectives. Ask them which word is described.
- ▶ Exercise B: Read aloud carefully in class and discuss each describing word and which word it describes. Then let students underline the words as you describe each.

Outcome: Recognising adjectives and how they are used.

VOCABULARY

- ▶ Exercise A: Match the words in two columns orally in class.
- ▶ Give students time to recognise each word, say it correctly, understand its meaning.
- ▶ Exercise B: Explain what are opposites. Then orally do the exercise, write words on the board and let students transcribe them in their notebooks.

Outcome: Learning describing words that go with nouns; opposite words and spell the new words.

LISTEN AND LEARN

- ▶ The teacher will read out the passage and the students will listen to it carefully.
- ▶ Discuss the questions and their answers. Encourage students to answer the questions.

Outcome: Listen attentively; understand; pronounce correctly; answer questions orally.

CONVERSE AND CONNECT

- ▶ Students are to enact the conversation in class.
- ▶ Select two students as Rahul and Asha.
- ▶ Read aloud the dialogues and make the students read it aloud too.

- ▶ Correct their pronunciation and speech.
- ▶ Explain words and sentences, e.g., prepare, welcome, etc.

Outcome: Listening carefully and speaking correctly, pronunciation, spellings, meanings, etc.

WRITING

- ▶ Exercise A: Teacher can write the sentences on the blackboard and students can copy them in their notebooks.
- ▶ Exercise B: Discuss what should be filled in the blanks. Then write the words on the board and let students copy them: food; not; junk.

Outcome: Learning to write neatly and correctly.

PROJECT WORK

- ▶ Discuss the project work in class. Tell students to do it at home with help from parents.

Outcome: Apply lessons learnt; involve parents.

VALUE CORNER / LIFE SKILLS

- ▶ Read out the two sentences. Explain.
- ▶ Discuss what happens if you eat healthy food and what happens if you eat junk food.
- ▶ Let the student do the exercise. Then explain what he/she should do in such a situation and why.

Outcome: Reiterate need to eat healthy food and avoid junk food. Encourage independent decision making.
